



the
Ev
thin
se
HOW

**MARTIN
WILLIS**

**MARC
D'ANTONIO**

1
00:00:00,240 --> 00:00:15,740
foreign

2
00:00:22,250 --> 00:00:20,269
[Music]

3
00:00:24,230 --> 00:00:22,260
hello everyone I'm Martin Willis from

4
00:00:27,470 --> 00:00:24,240
your host and this is the everything

5
00:00:29,750 --> 00:00:27,480
else show where I talk about topics that

6
00:00:32,210 --> 00:00:29,760
I have an interest in tonight is going

7
00:00:34,850 --> 00:00:32,220
to be rather different though tonight

8
00:00:37,910 --> 00:00:34,860
I've had a few listeners suggest Brock

9
00:00:40,190 --> 00:00:37,920
thank you as one of them who does a lot

10
00:00:42,410 --> 00:00:40,200
of work on the Facebook page suggested I

11
00:00:45,369 --> 00:00:42,420
do this show about what it was like to

12
00:00:49,729 --> 00:00:45,379
go through you know life-saving surgery

13
00:00:52,010 --> 00:00:49,739

and I was contacted while I was in the

14

00:00:55,189 --> 00:00:52,020

hospital right after I had my surgery by

15

00:00:58,729 --> 00:00:55,199

my good friend Mark d'antonio who went

16

00:00:59,990 --> 00:00:58,739

through quite an ordeal years ago uh

17

00:01:02,810 --> 00:01:00,000

really serious he was going to be

18

00:01:06,410 --> 00:01:02,820

talking about that tonight and also was

19

00:01:09,410 --> 00:01:06,420

saved and he's here right now and uh

20

00:01:12,109 --> 00:01:09,420

Mark how are you I'm okay how are you

21

00:01:14,030 --> 00:01:12,119

Martin great glad you could make it I'm

22

00:01:16,910 --> 00:01:14,040

glad we're both here glad we can both

23

00:01:19,969 --> 00:01:16,920

make it yeah yeah I mean it's really uh

24

00:01:20,929 --> 00:01:19,979

I I've said this before if it wasn't if

25

00:01:23,749 --> 00:01:20,939

this

26

00:01:26,210 --> 00:01:23,759

what happened to either one of us

27

00:01:28,670 --> 00:01:26,220

happened you know a few decades ago

28

00:01:30,469 --> 00:01:28,680

neither one of us would be here no not

29

00:01:32,690 --> 00:01:30,479

at all in fact

30

00:01:35,929 --> 00:01:32,700

um you know it's not the first surgery

31

00:01:38,030 --> 00:01:35,939

I've had I mean I had one yeah gosh uh

32

00:01:41,030 --> 00:01:38,040

when I was nine I had one when I was 33

33

00:01:44,510 --> 00:01:41,040

and I had another one when I was 55.

34

00:01:47,749 --> 00:01:44,520

so it's not pretty you know it's not

35

00:01:50,090 --> 00:01:47,759

pretty but but it keeps us going it

36

00:01:52,850 --> 00:01:50,100

doesn't work yeah yeah yeah so what I

37

00:01:57,590 --> 00:01:52,860

thought we'd do is uh I'd like to talk

38

00:02:00,649 --> 00:01:57,600

about the adventure on the way there uh

39

00:02:02,990 --> 00:02:00,659

first of all and uh I'll I'll talk I'll

40

00:02:04,310 --> 00:02:03,000

talk about myself and what I went

41

00:02:05,929 --> 00:02:04,320

through and then I'd like for you to

42

00:02:08,930 --> 00:02:05,939

share what you went through now you've

43

00:02:10,790 --> 00:02:08,940

had this surgery so many times

44

00:02:13,430 --> 00:02:10,800

um so I don't know which one you'd want

45

00:02:15,770 --> 00:02:13,440

to pick is the time you know leading up

46

00:02:18,890 --> 00:02:15,780

to the surgery or maybe it doesn't even

47

00:02:22,130 --> 00:02:18,900

work in this type of situation but yeah

48

00:02:24,110 --> 00:02:22,140

I think that in my case I think that the

49

00:02:27,350 --> 00:02:24,120

most recent one probably says it all

50

00:02:29,270 --> 00:02:27,360

yeah oh yeah so we'll do that one yes

51

00:02:31,729 --> 00:02:29,280

well you know I I gotta tell you I

52

00:02:34,729 --> 00:02:31,739

remember when that was going on and I

53

00:02:36,589 --> 00:02:34,739

kept emailing you and I didn't hear back

54

00:02:39,589 --> 00:02:36,599

from you which was very unusual you know

55

00:02:42,110 --> 00:02:39,599

you usually respond right away and uh

56

00:02:44,869 --> 00:02:42,120

then uh then I heard about it through

57

00:02:46,970 --> 00:02:44,879

Alejandra Rojas that you had this major

58

00:02:49,190 --> 00:02:46,980

surgery all the Mark is gone I don't

59

00:02:52,130 --> 00:02:49,200

know what happened to Mark so I'll just

60

00:02:54,470 --> 00:02:52,140

wait I'll wait for him to come back but

61

00:02:56,509 --> 00:02:54,480

meanwhile I'll just I'll just uh you

62

00:02:59,449 --> 00:02:56,519

know this is a a time where I'm going to

63

00:03:01,790 --> 00:02:59,459

be uh kind of burying my soul here and

64
00:03:04,190 --> 00:03:01,800
you know things that happened and and uh

65
00:03:05,930 --> 00:03:04,200
you know what it was like to go through

66
00:03:08,869 --> 00:03:05,940
this whole situation I wouldn't want to

67
00:03:11,089 --> 00:03:08,879
wish it on my enemy Mark is back

68
00:03:12,770 --> 00:03:11,099
here he is I don't know what happened

69
00:03:16,009 --> 00:03:12,780
but you're back that's all that counts

70
00:03:22,550 --> 00:03:19,009
well I'm glad I'm glad you're here so uh

71
00:03:24,649 --> 00:03:22,560
starting with myself now uh I realized I

72
00:03:27,110 --> 00:03:24,659
never realized how much denial

73
00:03:30,470 --> 00:03:27,120
that I really had but I had some serious

74
00:03:32,990 --> 00:03:30,480
denial and I'll start back and I think

75
00:03:35,089 --> 00:03:33,000
it was around the 20th of August this

76

00:03:39,649 --> 00:03:35,099

year I was down on the cape with my

77

00:03:42,110 --> 00:03:39,659

friend and uh I was down there and

78

00:03:45,589 --> 00:03:42,120

um I started getting chest pain

79

00:03:48,289 --> 00:03:45,599

and then my left arm hurt and I always

80

00:03:49,250 --> 00:03:48,299

heard that you know that's a sign of a

81

00:03:52,309 --> 00:03:49,260

heart attack

82

00:03:55,130 --> 00:03:52,319

so but the strange thing is this is this

83

00:03:59,449 --> 00:03:55,140

is uh part I don't like to admit but um

84

00:04:02,030 --> 00:03:59,459

I thought it was indigestion and uh

85

00:04:05,270 --> 00:04:02,040

because and this is the part I hate to

86

00:04:06,649 --> 00:04:05,280

say because if I burped they already

87

00:04:08,210 --> 00:04:06,659

said it

88

00:04:11,710 --> 00:04:08,220

um it would go away

89

00:04:14,750 --> 00:04:11,720

so it and it happened like repeatedly

90

00:04:16,310 --> 00:04:14,760

but one day I started thinking about it

91

00:04:18,229 --> 00:04:16,320

it happened about like three or four

92

00:04:19,909 --> 00:04:18,239

times and one day

93

00:04:21,770 --> 00:04:19,919

I was thinking about it and talking to

94

00:04:23,450 --> 00:04:21,780

my friend Don and I said

95

00:04:24,650 --> 00:04:23,460

I think I really should go my son was

96

00:04:26,689 --> 00:04:24,660

visiting

97

00:04:28,310 --> 00:04:26,699

um you know but I said I think I really

98

00:04:29,810 --> 00:04:28,320

should go to the hospital and just get

99

00:04:34,010 --> 00:04:29,820

that checked out

100

00:04:36,650 --> 00:04:34,020

so I went into the Cape Cod hospital and

101
00:04:41,210 --> 00:04:36,660
when you there was a big long line in

102
00:04:43,909 --> 00:04:41,220
the emergency room and as soon as I said

103
00:04:45,050 --> 00:04:43,919
um chest pain they pushed me right up

104
00:04:47,870 --> 00:04:45,060
into the front

105
00:04:49,670 --> 00:04:47,880
and uh did an EKG on me immediately

106
00:04:53,330 --> 00:04:49,680
didn't see anything and I have this

107
00:04:56,930 --> 00:04:53,340
really very low heartbeat

108
00:04:59,390 --> 00:04:56,940
um this is uh see it's right there 46 uh

109
00:05:01,010 --> 00:04:59,400
per minute I've always had that very low

110
00:05:02,870 --> 00:05:01,020
as a matter of fact I set off a lot of

111
00:05:04,790 --> 00:05:02,880
alarms

112
00:05:08,749 --> 00:05:04,800
um when I was in the hospital because my

113
00:05:12,170 --> 00:05:08,759

heartbeat is so low and usually uh

114

00:05:15,230 --> 00:05:12,180

sometimes it's because of an athlete

115

00:05:17,510 --> 00:05:15,240

which I'm not or it's just genetics so

116

00:05:19,490 --> 00:05:17,520

anyway and I never thought I'd have any

117

00:05:21,409 --> 00:05:19,500

trouble with my heart at all you know I

118

00:05:24,230 --> 00:05:21,419

mean just I just thought you know I I

119

00:05:26,990 --> 00:05:24,240

don't know so I was in total denial so

120

00:05:29,870 --> 00:05:27,000

they did every type of test you could do

121

00:05:32,689 --> 00:05:29,880

an MRI all these different types of

122

00:05:34,670 --> 00:05:32,699

tests and then they said we really can't

123

00:05:37,850 --> 00:05:34,680

find anything I would you know maybe it

124

00:05:40,730 --> 00:05:37,860

is indigestion you know but you probably

125

00:05:42,170 --> 00:05:40,740

should we probably should admit you this

126

00:05:44,210 --> 00:05:42,180

was about like three or four in the

127

00:05:45,469 --> 00:05:44,220

morning probably should admit you and do

128

00:05:47,870 --> 00:05:45,479

a stress test

129

00:05:50,330 --> 00:05:47,880

so I said Nam it's probably just

130

00:05:52,249 --> 00:05:50,340

interjection uh I'm gonna go and they

131

00:05:54,770 --> 00:05:52,259

they fought me on and I had to sign a

132

00:05:57,770 --> 00:05:54,780

paper and if I only had listened you

133

00:06:00,770 --> 00:05:57,780

know that was my my mistake so

134

00:06:05,210 --> 00:06:00,780

um so time goes by and it kind of comes

135

00:06:08,930 --> 00:06:05,220

and goes and I'm feeling okay and

136

00:06:13,610 --> 00:06:08,940

um and then in in the meantime

137

00:06:16,969 --> 00:06:13,620

I uh I have an estate sale and I'm

138

00:06:19,969 --> 00:06:16,979

lifting Furniture like here's I put this

139

00:06:22,610 --> 00:06:19,979

in the back of my car it's Oak and I

140

00:06:24,529 --> 00:06:22,620

carried it up some stairs and I have

141

00:06:26,450 --> 00:06:24,539

this big estate sale and I'm carrying

142

00:06:30,590 --> 00:06:26,460

furniture

143

00:06:33,230 --> 00:06:30,600

and uh uh you know I had all I was just

144

00:06:35,749 --> 00:06:33,240

really pushing it and you know working

145

00:06:38,749 --> 00:06:35,759

up a sweat and all this said no chest

146

00:06:41,270 --> 00:06:38,759

pain nothing but a couple days later I

147

00:06:44,689 --> 00:06:41,280

went um up to

148

00:06:48,050 --> 00:06:44,699

um Rangely Lake in Maine and all of a

149

00:06:52,070 --> 00:06:48,060

sudden I had a lot of trouble

150

00:06:54,170 --> 00:06:52,080

so as time went on I I went into the

151
00:06:56,809 --> 00:06:54,180
emergency room again up here where I

152
00:06:58,730 --> 00:06:56,819
live in Rockland Maine and I went in the

153
00:07:00,230 --> 00:06:58,740
emergency room and they kept me all

154
00:07:01,010 --> 00:07:00,240
night and they couldn't find a single

155
00:07:03,890 --> 00:07:01,020
thing

156
00:07:07,189 --> 00:07:03,900
so they they sent me home and they said

157
00:07:08,809 --> 00:07:07,199
well let's let's get a stress test so I

158
00:07:10,969 --> 00:07:08,819
kept having this pain and it was going

159
00:07:15,770 --> 00:07:10,979
into my jaw and my arm

160
00:07:17,749 --> 00:07:15,780
and as well so I went to my doctor and I

161
00:07:20,029 --> 00:07:17,759
told him you know what was happening and

162
00:07:23,510 --> 00:07:20,039
I said I really think it's you know a

163
00:07:26,710 --> 00:07:23,520

gastric situation and meanwhile I have

164

00:07:28,909 --> 00:07:26,720

Omeprazole I have uh

165

00:07:31,010 --> 00:07:28,919

Pepto-Bismol you name it everything you

166

00:07:35,089 --> 00:07:31,020

could possibly think of trying to cure

167

00:07:38,570 --> 00:07:35,099

my heart situation so I

168

00:07:41,150 --> 00:07:38,580

I went to my doctor and I'm talking to

169

00:07:42,710 --> 00:07:41,160

him and I describe everything to him and

170

00:07:44,990 --> 00:07:42,720

he said well you know the Pain's

171

00:07:47,270 --> 00:07:45,000

radiating to your jaw it's waiting

172

00:07:50,809 --> 00:07:47,280

radiating to your left arm he said nine

173

00:07:53,510 --> 00:07:50,819

times out of ten it's hard so let me get

174

00:07:54,770 --> 00:07:53,520

this stress test you know it was already

175

00:07:57,050 --> 00:07:54,780

booked but it was like two or three

176

00:08:00,110 --> 00:07:57,060

weeks out he said let me book this

177

00:08:02,270 --> 00:08:00,120

stress test and put like a priority on

178

00:08:04,850 --> 00:08:02,280

it so you're getting quicker and I said

179

00:08:06,290 --> 00:08:04,860

okay and he says in the meantime I want

180

00:08:09,409 --> 00:08:06,300

you to go to the pharmacy and pick up

181

00:08:12,650 --> 00:08:09,419

some Nitro and the next time you have

182

00:08:14,270 --> 00:08:12,660

that chest pain take one of those and if

183

00:08:16,249 --> 00:08:14,280

it goes away you can pretty much say

184

00:08:17,689 --> 00:08:16,259

that you know you have an issue

185

00:08:19,610 --> 00:08:17,699

so

186

00:08:22,309 --> 00:08:19,620

um I was doing an appraisal up in Maine

187

00:08:25,309 --> 00:08:22,319

uh two days later

188

00:08:27,110 --> 00:08:25,319

and all of a sudden I had this uh right

189

00:08:29,089 --> 00:08:27,120

in the middle of the appraisal I had

190

00:08:32,149 --> 00:08:29,099

this chest pain when I was reaching up

191

00:08:33,889 --> 00:08:32,159

for something and so I went out to the

192

00:08:35,389 --> 00:08:33,899

car excused myself went out to the car

193

00:08:37,969 --> 00:08:35,399

and took a Nitro and it went away

194

00:08:40,190 --> 00:08:37,979

instantly that's when I realized you

195

00:08:44,329 --> 00:08:40,200

know I'm I may have a problem

196

00:08:46,490 --> 00:08:44,339

so you have a problem yeah so you may

197

00:08:49,250 --> 00:08:46,500

have a problem right right so the stress

198

00:08:51,350 --> 00:08:49,260

test is scheduled for the Friday and

199

00:08:53,150 --> 00:08:51,360

this is like that was Saturday it's

200

00:08:57,530 --> 00:08:53,160

scheduled for the next Friday

201
00:09:00,350 --> 00:08:57,540
so I go through that weekend and it was

202
00:09:03,710 --> 00:09:00,360
either Monday or two it was it was uh

203
00:09:05,630 --> 00:09:03,720
went no it was Monday night it was

204
00:09:08,449 --> 00:09:05,640
Monday night

205
00:09:10,730 --> 00:09:08,459
um and right here behind me I was

206
00:09:13,790 --> 00:09:10,740
standing right there behind me

207
00:09:17,030 --> 00:09:13,800
and uh I was getting a camera ready for

208
00:09:21,410 --> 00:09:17,040
I was gonna do uh Randall nickerson's

209
00:09:23,509 --> 00:09:21,420
um his Premiere at the theater uh a

210
00:09:25,630 --> 00:09:23,519
round table I had all that planned and I

211
00:09:30,110 --> 00:09:25,640
had shag Harbor planned another uh

212
00:09:31,430 --> 00:09:30,120
conference so I was all set to do that

213
00:09:34,250 --> 00:09:31,440

and I was working on the camera not

214

00:09:39,650 --> 00:09:34,260

doing anything strenuous and all of a

215

00:09:43,550 --> 00:09:39,660

sudden it came on seriously uh where I

216

00:09:46,009 --> 00:09:43,560

called my friend Donna and I said I

217

00:09:49,310 --> 00:09:46,019

don't know if I'm going to make it so

218

00:09:50,690 --> 00:09:49,320

she said hang up and call 9-1-1 and I

219

00:09:53,570 --> 00:09:50,700

said well I was being a little bit

220

00:09:56,930 --> 00:09:53,580

stubborn I said well I took a Nitro

221

00:09:58,430 --> 00:09:56,940

and uh I'm going to drive because it's

222

00:10:00,230 --> 00:09:58,440

going to take the ambulance forever to

223

00:10:02,570 --> 00:10:00,240

get here and it's only 15 minutes away

224

00:10:06,829 --> 00:10:02,580

I'll drive so she stayed with me on the

225

00:10:10,370 --> 00:10:06,839

phone the whole time there and she would

226

00:10:13,910 --> 00:10:10,380

yeah and I made it I I made it there and

227

00:10:17,090 --> 00:10:13,920

so they kept me overnight uh they

228

00:10:19,370 --> 00:10:17,100

the emergency room doctor said look this

229

00:10:23,590 --> 00:10:19,380

is the third time you're in an emergency

230

00:10:26,329 --> 00:10:23,600

room we're keeping you overnight and uh

231

00:10:27,530 --> 00:10:26,339

and uh probably admitting you so they

232

00:10:29,870 --> 00:10:27,540

kept me overnight

233

00:10:32,449 --> 00:10:29,880

and uh it was a terrible you know the

234

00:10:34,790 --> 00:10:32,459

emergency room mattresses are like rock

235

00:10:38,750 --> 00:10:34,800

you know so it was really no sleep at

236

00:10:43,070 --> 00:10:38,760

all and very cold for some reason and so

237

00:10:46,730 --> 00:10:43,080

uh they had me scheduled for the uh for

238

00:10:49,430 --> 00:10:46,740

Friday so I had basically I was admitted

239

00:10:52,130 --> 00:10:49,440

um into the hospital until I had the

240

00:10:53,930 --> 00:10:52,140

stress test and they ran every other

241

00:10:55,850 --> 00:10:53,940

single type of test you could possibly

242

00:10:58,550 --> 00:10:55,860

imagine even ran the die through me and

243

00:11:02,569 --> 00:10:58,560

everything and so I finally get to the

244

00:11:04,910 --> 00:11:02,579

stress test on Friday morning and the

245

00:11:06,530 --> 00:11:04,920

cardiologist is reading through all of

246

00:11:08,569 --> 00:11:06,540

my reports and everything

247

00:11:10,069 --> 00:11:08,579

and then I heard him say and there was a

248

00:11:11,990 --> 00:11:10,079

curtain between us and I don't think he

249

00:11:13,970 --> 00:11:12,000

knew that I was either there or could

250

00:11:15,410 --> 00:11:13,980

hear him and he said well we're going to

251
00:11:16,430 --> 00:11:15,420
be sending this one home there's nothing

252
00:11:19,970 --> 00:11:16,440
here

253
00:11:24,050 --> 00:11:19,980
so he he gets me on the stress test

254
00:11:25,490 --> 00:11:24,060
and uh I I go I said yeah I can go run

255
00:11:28,850 --> 00:11:25,500
whatever you want me to do so I'm

256
00:11:30,829 --> 00:11:28,860
getting up to my heartbeats at 140 and

257
00:11:34,069 --> 00:11:30,839
all of a sudden I feel like a crushing

258
00:11:38,210 --> 00:11:34,079
in my chest and my throat is hurting of

259
00:11:39,590 --> 00:11:38,220
all things and uh he screams holy you

260
00:11:43,910 --> 00:11:39,600
know what

261
00:11:46,430 --> 00:11:43,920
stop and he stops the treadmill and I

262
00:11:49,370 --> 00:11:46,440
was supposed to do another dye test and

263
00:11:52,670 --> 00:11:49,380

he says you don't need any more tests uh

264

00:11:56,389 --> 00:11:52,680

you have a blockage and it's bad

265

00:11:59,210 --> 00:11:56,399

so uh you are going to Portland Maine

266

00:12:02,030 --> 00:11:59,220

Maine Medical and you're going to have a

267

00:12:04,130 --> 00:12:02,040

heart cath catheterization of the heart

268

00:12:08,210 --> 00:12:04,140

so I

269

00:12:11,210 --> 00:12:08,220

talk and just I'm getting right close to

270

00:12:13,190 --> 00:12:11,220

you know the when it all happened but so

271

00:12:15,290 --> 00:12:13,200

anyway I'm nervous about that and I talk

272

00:12:17,630 --> 00:12:15,300

to people like uh oh you know they go in

273

00:12:20,150 --> 00:12:17,640

through your artery in your arm or your

274

00:12:22,430 --> 00:12:20,160

leg and they go up and with dye and they

275

00:12:24,350 --> 00:12:22,440

go up and they film everything and see

276

00:12:25,910 --> 00:12:24,360

what's going on up there and then if

277

00:12:27,170 --> 00:12:25,920

they can they're going to put a stint in

278

00:12:29,389 --> 00:12:27,180

and that's what they said they'll most

279

00:12:31,730 --> 00:12:29,399

likely do is put a stent in and I'll be

280

00:12:33,889 --> 00:12:31,740

all set and it's not even painful or

281

00:12:35,990 --> 00:12:33,899

anything so I was still nervous about it

282

00:12:37,670 --> 00:12:36,000

but I went in and they said you may not

283

00:12:40,190 --> 00:12:37,680

even remember anything

284

00:12:41,750 --> 00:12:40,200

and uh but you're going to be conscious

285

00:12:44,150 --> 00:12:41,760

so I said okay

286

00:12:47,090 --> 00:12:44,160

so they put me on the table

287

00:12:52,009 --> 00:12:47,100

they give me this whatever it was

288

00:12:54,949 --> 00:12:52,019

and uh I am just like floating you know

289

00:12:56,990 --> 00:12:54,959

I was like oh like that and so then all

290

00:12:59,389 --> 00:12:57,000

of a sudden I'm being put back on the

291

00:13:02,870 --> 00:12:59,399

table and I said wait a minute when are

292

00:13:06,290 --> 00:13:02,880

you gonna do the procedure and they said

293

00:13:10,430 --> 00:13:06,300

we already did and uh I had missing time

294

00:13:11,629 --> 00:13:10,440

and they uh they said uh I'm afraid

295

00:13:12,949 --> 00:13:11,639

you're gonna have to have open heart

296

00:13:16,009 --> 00:13:12,959

surgery

297

00:13:17,810 --> 00:13:16,019

so and uh it was explained I had this

298

00:13:20,030 --> 00:13:17,820

great doctor he came in and explained

299

00:13:22,190 --> 00:13:20,040

everything to me and basically what I

300

00:13:24,889 --> 00:13:22,200

had was called the Widowmaker

301
00:13:27,829 --> 00:13:24,899
and uh other people when I told them

302
00:13:31,090 --> 00:13:27,839
what it was it's the lad the left

303
00:13:35,329 --> 00:13:31,100
anterior descending artery was 95

304
00:13:37,790 --> 00:13:35,339
blocked and what usually happens is you

305
00:13:40,850 --> 00:13:37,800
know people can just drop and die right

306
00:13:44,150 --> 00:13:40,860
there by having this so

307
00:13:45,949 --> 00:13:44,160
I met the doctor the uh that was going

308
00:13:49,009 --> 00:13:45,959
to do the surgery he was a great guy

309
00:13:50,629 --> 00:13:49,019
really big guy and I you know you come

310
00:13:52,490 --> 00:13:50,639
to find out they stitch these little

311
00:13:56,389 --> 00:13:52,500
threads that are like the thickness of

312
00:13:59,509 --> 00:13:56,399
your hair uh when they're grafting your

313
00:14:01,009 --> 00:13:59,519

artery and this guy had these huge hands

314

00:14:03,710 --> 00:14:01,019

you know and I'm thinking how could he

315

00:14:06,350 --> 00:14:03,720

hold that needle and you know but he was

316

00:14:08,990 --> 00:14:06,360

great I had full confidence in him and

317

00:14:10,490 --> 00:14:09,000

then um so I scheduled for that open

318

00:14:14,150 --> 00:14:10,500

heart surgery

319

00:14:16,370 --> 00:14:14,160

and uh and while I was scheduled it was

320

00:14:19,370 --> 00:14:16,380

it was uh that was I think uh Tuesday

321

00:14:21,710 --> 00:14:19,380

and meanwhile like you know I got Dean

322

00:14:26,509 --> 00:14:21,720

involved in doing my other show and all

323

00:14:28,910 --> 00:14:26,519

that and I uh were this waiting for the

324

00:14:31,670 --> 00:14:28,920

surgery and I'd have these problems of

325

00:14:33,590 --> 00:14:31,680

the angina really bad where it was it

326

00:14:35,870 --> 00:14:33,600

and and I just you know would hope it

327

00:14:38,810 --> 00:14:35,880

would pass and I get the Nitro and all

328

00:14:40,970 --> 00:14:38,820

that then I was scheduled for

329

00:14:43,430 --> 00:14:40,980

uh Friday morning first thing at five

330

00:14:46,310 --> 00:14:43,440

a.m and the doctor said Friday night he

331

00:14:47,870 --> 00:14:46,320

was going to a concert and uh so I'm

332

00:14:50,150 --> 00:14:47,880

thinking oh God I hope it's not delayed

333

00:14:51,889 --> 00:14:50,160

or anything because he'll be uh coming

334

00:14:54,290 --> 00:14:51,899

back from a concert if he does it on

335

00:14:58,910 --> 00:14:54,300

Saturday so sure enough they didn't have

336

00:15:01,310 --> 00:14:58,920

enough ICU uh units so I had to be

337

00:15:05,150 --> 00:15:01,320

delayed one day and he basically came in

338

00:15:07,189 --> 00:15:05,160

on his day off but uh so that day that

339

00:15:10,610 --> 00:15:07,199

just before

340

00:15:12,110 --> 00:15:10,620

um I had such a serious

341

00:15:13,970 --> 00:15:12,120

um I thought it was a heart attack I

342

00:15:16,069 --> 00:15:13,980

wasn't I was told that there was no

343

00:15:19,370 --> 00:15:16,079

damage to the heart thank God but

344

00:15:22,250 --> 00:15:19,380

it was the most scary and painful thing

345

00:15:26,150 --> 00:15:22,260

it was like an anvil on my chest

346

00:15:27,650 --> 00:15:26,160

and it scared the hell out of me and all

347

00:15:29,810 --> 00:15:27,660

I kept thinking was I was supposed to

348

00:15:32,930 --> 00:15:29,820

have surgery that morning and I wasn't

349

00:15:36,170 --> 00:15:32,940

going to make it uh and needless to say

350

00:15:40,370 --> 00:15:36,180

I did I made it and uh I'll talk about

351

00:15:44,150 --> 00:15:40,380

the surgery later and Mark it's your

352

00:15:46,370 --> 00:15:44,160

turn so what led you up to

353

00:15:48,050 --> 00:15:46,380

your last time in the hospital well

354

00:15:49,069 --> 00:15:48,060

first of all what was your condition to

355

00:15:51,889 --> 00:15:49,079

begin with

356

00:15:54,470 --> 00:15:51,899

uh I Had A congenital defect in one of

357

00:15:56,090 --> 00:15:54,480

my heart valves and when I was nine they

358

00:15:59,210 --> 00:15:56,100

did What's called the valvotomy they

359

00:16:01,150 --> 00:15:59,220

were able to widen the aortic valve I

360

00:16:03,290 --> 00:16:01,160

mean that's the main valve in the heart

361

00:16:05,530 --> 00:16:03,300

I mean they're all important but the

362

00:16:09,410 --> 00:16:05,540

aortic valve is very important you know

363

00:16:11,870 --> 00:16:09,420

and by widening it they they gave me

364

00:16:14,870 --> 00:16:11,880

some years okay

365

00:16:16,910 --> 00:16:14,880

um but uh I was the kid in school who

366

00:16:19,850 --> 00:16:16,920

could not take Jim because of the heart

367

00:16:21,230 --> 00:16:19,860

I couldn't run track because of her I

368

00:16:22,430 --> 00:16:21,240

couldn't play football because I was

369

00:16:24,730 --> 00:16:22,440

always because of the heart because of

370

00:16:29,870 --> 00:16:24,740

the heart all my life

371

00:16:31,550 --> 00:16:29,880

so when I was 34 finally uh I had

372

00:16:32,990 --> 00:16:31,560

another procedure where they had to

373

00:16:34,430 --> 00:16:33,000

replace the aortic valve with an

374

00:16:36,350 --> 00:16:34,440

artificial valve that's what they said

375

00:16:39,590 --> 00:16:36,360

and I said I'm not going to do that this

376

00:16:42,110 --> 00:16:39,600

was a Yale and I told the Yale doctor I

377

00:16:45,590 --> 00:16:42,120

am not going to put an artificial valve

378

00:16:48,590 --> 00:16:45,600

in me okay and uh he said well that's

379

00:16:50,689 --> 00:16:48,600

what we do here in a very arrogant tone

380

00:16:52,249 --> 00:16:50,699

and I said and I literally looked at him

381

00:16:53,769 --> 00:16:52,259

without batting an eyelash I said well

382

00:16:57,170 --> 00:16:53,779

that's not what you're going to do to me

383

00:16:59,749 --> 00:16:57,180

and I I fired him as my doctor and I

384

00:17:02,030 --> 00:16:59,759

went to another doctor and a good thing

385

00:17:04,789 --> 00:17:02,040

I did because

386

00:17:08,590 --> 00:17:04,799

um you know at that time my father had

387

00:17:11,630 --> 00:17:08,600

had the same problem and he had surgery

388

00:17:14,929 --> 00:17:11,640

and at Hartford Hospital

389

00:17:17,510 --> 00:17:14,939

but after the surgery they accidentally

390

00:17:20,210 --> 00:17:17,520

infected his artificial valve they put

391

00:17:21,250 --> 00:17:20,220

in and it killed them

392

00:17:25,309 --> 00:17:21,260

um

393

00:17:27,909 --> 00:17:25,319

and so a year to the day later

394

00:17:31,190 --> 00:17:27,919

literally I had to have the same surgery

395

00:17:33,830 --> 00:17:31,200

oh so they arranged for me to have the

396

00:17:35,930 --> 00:17:33,840

surgery with the surgeon that taught all

397

00:17:38,690 --> 00:17:35,940

of them how to do the proper procedure

398

00:17:41,510 --> 00:17:38,700

and they actually got flown out the

399

00:17:43,970 --> 00:17:41,520

Oklahoma City I met with this surgeon

400

00:17:45,590 --> 00:17:43,980

and great guy I mean they're all Cowboys

401
00:17:48,230 --> 00:17:45,600
out there that was my impression in fact

402
00:17:49,669 --> 00:17:48,240
one of the surgeons had a cowboy hat on

403
00:17:51,409 --> 00:17:49,679
you know and I was like oh that's cool

404
00:17:53,450 --> 00:17:51,419
he goes yeah it makes help us help us

405
00:17:56,870 --> 00:17:53,460
think and he put on country music and

406
00:18:00,169 --> 00:17:56,880
they're going to town it's like okay

407
00:18:02,870 --> 00:18:00,179
well after that I came back and um

408
00:18:04,970 --> 00:18:02,880
that was good until I was 55 but the

409
00:18:08,510 --> 00:18:04,980
reason it would didn't go longer

410
00:18:09,529 --> 00:18:08,520
is because I ended up getting an

411
00:18:10,810 --> 00:18:09,539
infection

412
00:18:12,470 --> 00:18:10,820
now

413
00:18:14,210 --> 00:18:12,480

the

414

00:18:16,549 --> 00:18:14,220

problem is

415

00:18:19,370 --> 00:18:16,559

you have a lot of bacteria in your body

416

00:18:22,730 --> 00:18:19,380

at all times some of it can get into the

417

00:18:24,409 --> 00:18:22,740

bloodstream and there's many avenues

418

00:18:26,330 --> 00:18:24,419

that can go it can go in through the

419

00:18:27,770 --> 00:18:26,340

eyes it can go into the mouth it can it

420

00:18:30,230 --> 00:18:27,780

can get into your bloodstream in a

421

00:18:32,270 --> 00:18:30,240

variety of ways through a cut

422

00:18:34,370 --> 00:18:32,280

um we'll never know for sure I think it

423

00:18:38,390 --> 00:18:34,380

was because of a dental procedure

424

00:18:40,909 --> 00:18:38,400

but I ended up getting uh an infection

425

00:18:43,070 --> 00:18:40,919

on one of my heart valves the pulmonary

426

00:18:44,930 --> 00:18:43,080

valve the pulmonic valve

427

00:18:47,810 --> 00:18:44,940

and uh

428

00:18:51,049 --> 00:18:47,820

it was strep it wasn't a staph infection

429

00:18:53,810 --> 00:18:51,059

it was strep bacteria and that says it

430

00:18:56,150 --> 00:18:53,820

came from the mouth so most likely it

431

00:19:00,049 --> 00:18:56,160

was a dental procedure that caused it

432

00:19:03,350 --> 00:19:00,059

and uh I still had I had taken the uh

433

00:19:05,090 --> 00:19:03,360

appropriate pre-medication and it's it's

434

00:19:06,350 --> 00:19:05,100

literally

435

00:19:09,710 --> 00:19:06,360

um

436

00:19:12,409 --> 00:19:09,720

it literally basically didn't do

437

00:19:14,390 --> 00:19:12,419

anything in this particular case so I

438

00:19:17,390 --> 00:19:14,400

ended up with infections on that valve

439

00:19:21,169 --> 00:19:17,400

and in my aortic valve

440

00:19:23,570 --> 00:19:21,179

so uh I had two valve infections so they

441

00:19:26,150 --> 00:19:23,580

had to give me an IV line which I had to

442

00:19:28,970 --> 00:19:26,160

you know use and every day I had to give

443

00:19:30,289 --> 00:19:28,980

myself an injection of IV antibiotics

444

00:19:31,970 --> 00:19:30,299

through this tube that was permanently

445

00:19:33,770 --> 00:19:31,980

attached to my body for a period of time

446

00:19:37,549 --> 00:19:33,780

six weeks

447

00:19:40,250 --> 00:19:37,559

and uh it was an extremely powerful

448

00:19:41,270 --> 00:19:40,260

antibiotic and it managed to kill the

449

00:19:44,630 --> 00:19:41,280

infection

450

00:19:47,390 --> 00:19:44,640

but there was a hole in the pulmonary

451
00:19:49,970 --> 00:19:47,400
valve okay and this hole in the

452
00:19:52,789 --> 00:19:49,980
pulmonary valve ended up eating away at

453
00:19:54,529 --> 00:19:52,799
the pulmonary valve causing a hole in

454
00:19:56,270 --> 00:19:54,539
the side wall of the heart

455
00:19:58,850 --> 00:19:56,280
and that was getting bigger and bigger

456
00:20:01,130 --> 00:19:58,860
and bigger and for those out there that

457
00:20:03,890 --> 00:20:01,140
understand these things the my PR

458
00:20:06,650 --> 00:20:03,900
interval was actually growing which

459
00:20:08,210 --> 00:20:06,660
means that the electrical signals coming

460
00:20:10,490 --> 00:20:08,220
from the heart for that valve were

461
00:20:12,230 --> 00:20:10,500
getting longer for this one particular

462
00:20:17,270 --> 00:20:12,240
part of the beat

463
00:20:18,070 --> 00:20:17,280

and that was dangerous mine was over 200

464

00:20:25,010 --> 00:20:18,080

and

465

00:20:27,110 --> 00:20:25,020

stop functioning

466

00:20:28,789 --> 00:20:27,120

so they said looks like we're going to

467

00:20:30,430 --> 00:20:28,799

have to do surgery

468

00:20:33,110 --> 00:20:30,440

and I was like well I'm in Connecticut

469

00:20:35,810 --> 00:20:33,120

who's who can do the surgery

470

00:20:37,730 --> 00:20:35,820

that's a very specialized repair there's

471

00:20:40,430 --> 00:20:37,740

only one guy

472

00:20:43,730 --> 00:20:40,440

one surgeon that can do this

473

00:20:45,470 --> 00:20:43,740

really yeah who's that

474

00:20:47,810 --> 00:20:45,480

it's just so happy and she's at Mount

475

00:20:50,150 --> 00:20:47,820

Sinai in New York City I said he's two

476
00:20:51,529 --> 00:20:50,160
hours away that's right that's why we're

477
00:20:53,690 --> 00:20:51,539
pulling the ambulance around for you

478
00:20:55,310 --> 00:20:53,700
right now and you're going to get in and

479
00:20:56,710 --> 00:20:55,320
you're going to Mount Sinai in New York

480
00:21:01,730 --> 00:20:56,720
City right now

481
00:21:03,529 --> 00:21:01,740
okay hey another fun adventure yeah what

482
00:21:06,650 --> 00:21:03,539
choice do you have there is no chance

483
00:21:08,570 --> 00:21:06,660
yeah so I got there and I met with him

484
00:21:10,190 --> 00:21:08,580
and I said to him you know we talked for

485
00:21:12,350 --> 00:21:10,200
quite a while actually his name was Paul

486
00:21:14,810 --> 00:21:12,360
Stelzer

487
00:21:16,549 --> 00:21:14,820
um a stellar human being

488
00:21:18,049 --> 00:21:16,559

um as we we always talk about the

489

00:21:20,289 --> 00:21:18,059

surgeons that Save Our Lives as being

490

00:21:23,090 --> 00:21:20,299

Stellar but this man in particular

491

00:21:25,190 --> 00:21:23,100

was pretty amazing I did some research

492

00:21:28,310 --> 00:21:25,200

on the guy started looking him up and

493

00:21:29,690 --> 00:21:28,320

seeing how he was uh really had a how to

494

00:21:32,570 --> 00:21:29,700

give a sense of humor he was really a

495

00:21:36,710 --> 00:21:32,580

great guy he still is and uh

496

00:21:37,549 --> 00:21:36,720

so Dr Seltzer said to me

497

00:21:40,909 --> 00:21:37,559

um

498

00:21:42,649 --> 00:21:40,919

we normally would wait a few days but

499

00:21:45,289 --> 00:21:42,659

you don't have a few days

500

00:21:47,630 --> 00:21:45,299

I I said to him I go I understand that

501
00:21:49,370 --> 00:21:47,640
you know I said listen I'm an astronomer

502
00:21:51,470 --> 00:21:49,380
I'm a science guy you're a

503
00:21:53,210 --> 00:21:51,480
cardiothoracic surgeon

504
00:21:54,529 --> 00:21:53,220
speak openly and honest with me you

505
00:21:56,930 --> 00:21:54,539
don't have to candy coat anything with

506
00:21:58,970 --> 00:21:56,940
me that's a deal and I sure cans with

507
00:22:01,250 --> 00:21:58,980
him he says yes deal okay

508
00:22:04,010 --> 00:22:01,260
so that's when I went into the surgery

509
00:22:05,029 --> 00:22:04,020
and um actually the following morning at

510
00:22:07,850 --> 00:22:05,039
5am

511
00:22:09,529 --> 00:22:07,860
I remember the pre-op board it looked

512
00:22:18,470 --> 00:22:09,539
like

513
00:22:20,990 --> 00:22:18,480

he wakes up uh you know Lincoln uh the

514

00:22:24,470 --> 00:22:21,000

uh the actor he wakes up he looks around

515

00:22:26,510 --> 00:22:24,480

and nobody's around everybody's gone

516

00:22:28,190 --> 00:22:26,520

you know there was nobody

517

00:22:30,409 --> 00:22:28,200

there was one light on and it was over

518

00:22:31,669 --> 00:22:30,419

my bed there was nobody else in this

519

00:22:33,950 --> 00:22:31,679

pre-op Ward

520

00:22:35,510 --> 00:22:33,960

and then he the doctor came out and he

521

00:22:37,789 --> 00:22:35,520

he yells across the room hey Mark we're

522

00:22:39,409 --> 00:22:37,799

almost ready for you okay no problem Dr

523

00:22:41,029 --> 00:22:39,419

Selzer I'm right here I'm not going

524

00:22:44,930 --> 00:22:41,039

anywhere

525

00:22:48,710 --> 00:22:44,940

and uh that's the last I remember of my

526

00:22:50,570 --> 00:22:48,720

my reality before all this

527

00:22:52,070 --> 00:22:50,580

um and I didn't remember going in I'm

528

00:22:54,830 --> 00:22:52,080

sure I did I'm sure I had a conversation

529

00:22:56,390 --> 00:22:54,840

because I was awake

530

00:22:58,669 --> 00:22:56,400

um but

531

00:22:59,990 --> 00:22:58,679

um the anesthesia has a way of removing

532

00:23:02,270 --> 00:23:00,000

your memory

533

00:23:04,789 --> 00:23:02,280

now it's still locked in there and

534

00:23:06,350 --> 00:23:04,799

there's probably ways to get it out so I

535

00:23:08,930 --> 00:23:06,360

can remember them probably playing catch

536

00:23:10,490 --> 00:23:08,940

with my heart or something I don't know

537

00:23:12,470 --> 00:23:10,500

but uh

538

00:23:16,930 --> 00:23:12,480

bottom line was um

539

00:23:19,190 --> 00:23:16,940

uh he did the surgery and for me it was

540

00:23:20,029 --> 00:23:19,200

obviously I don't remember being put

541

00:23:24,470 --> 00:23:20,039

under

542

00:23:27,830 --> 00:23:24,480

but I remember that uh when I woke up

543

00:23:30,230 --> 00:23:27,840

I realized I wasn't awake

544

00:23:32,690 --> 00:23:30,240

you know so that that's and that's part

545

00:23:34,970 --> 00:23:32,700

two of this right I mean so

546

00:23:36,470 --> 00:23:34,980

um the need was to fix the hole that had

547

00:23:37,970 --> 00:23:36,480

occurred and to do that they had to

548

00:23:40,730 --> 00:23:37,980

replace both valves

549

00:23:41,870 --> 00:23:40,740

so I got human vowels and I had human

550

00:23:45,230 --> 00:23:41,880

vowels before

551
00:23:49,310 --> 00:23:45,240
so I have two more human valves now

552
00:23:52,549 --> 00:23:49,320
wow um so that's that's that's the you

553
00:23:55,250 --> 00:23:52,559
know why it happened for me wow and I I

554
00:23:56,270 --> 00:23:55,260
know the the rest of your story gets

555
00:24:00,409 --> 00:23:56,280
pretty

556
00:24:02,230 --> 00:24:00,419
yeah yeah you have a heck of a story too

557
00:24:05,630 --> 00:24:02,240
yeah

558
00:24:07,970 --> 00:24:05,640
but uh yours is something well uh you

559
00:24:09,590 --> 00:24:07,980
know mine is it's funny they call it uh

560
00:24:14,029 --> 00:24:09,600
cabbage

561
00:24:15,649 --> 00:24:14,039
um it's it's a coronary arterial

562
00:24:21,950 --> 00:24:15,659
uh

563
00:24:24,950 --> 00:24:21,960

nickname is called cabbage so you know

564

00:24:29,930 --> 00:24:24,960

like cabbage head and they uh they have

565

00:24:32,330 --> 00:24:29,940

these uh these online support groups and

566

00:24:36,230 --> 00:24:32,340

um so I'm going to talk about because a

567

00:24:37,669 --> 00:24:36,240

lot of weird things happen as well

568

00:24:39,110 --> 00:24:37,679

um but so

569

00:24:43,130 --> 00:24:39,120

um waiting

570

00:24:44,690 --> 00:24:43,140

for this the surgery and

571

00:24:47,029 --> 00:24:44,700

um I just want to I want to read

572

00:24:50,390 --> 00:24:47,039

something I can't really remember if

573

00:24:52,610 --> 00:24:50,400

this was before or after the surgery but

574

00:24:55,909 --> 00:24:52,620

um as you know Mark they really don't

575

00:24:59,570 --> 00:24:55,919

let you sleep in the hospital

576

00:25:01,310 --> 00:24:59,580

so what I did is uh I I it was like

577

00:25:04,430 --> 00:25:01,320

night after night

578

00:25:06,950 --> 00:25:04,440

of no sleep so I decided one night I'm

579

00:25:10,010 --> 00:25:06,960

gonna document this and and that's what

580

00:25:14,149 --> 00:25:10,020

I did so I have a printout right here of

581

00:25:17,090 --> 00:25:14,159

my actual uh text my text myself

582

00:25:20,810 --> 00:25:17,100

um every every uh every time I woke up

583

00:25:22,090 --> 00:25:20,820

so just to keep track of everything so

584

00:25:27,049 --> 00:25:22,100

um

585

00:25:29,330 --> 00:25:27,059

10 20 p.m I went to bed now I had a room

586

00:25:31,789 --> 00:25:29,340

and I had several roommates my last

587

00:25:33,590 --> 00:25:31,799

roommate was really great we're still in

588

00:25:37,190 --> 00:25:33,600

touch she's actually watching the show

589

00:25:39,649 --> 00:25:37,200

this evening uh but and how you doing

590

00:25:42,529 --> 00:25:39,659

Rick but um

591

00:25:45,049 --> 00:25:42,539

I had some real real characters the

592

00:25:46,730 --> 00:25:45,059

first roommate I had

593

00:25:49,789 --> 00:25:46,740

um was

594

00:25:52,909 --> 00:25:49,799

he had some major problems and he was

595

00:25:54,590 --> 00:25:52,919

kept pulling out his IV and he kept uh

596

00:25:57,409 --> 00:25:54,600

singing and laughing he wouldn't stop

597

00:26:01,490 --> 00:25:57,419

laughing and this was my first

598

00:26:04,430 --> 00:26:01,500

introduction to Maine Medical and my my

599

00:26:07,850 --> 00:26:04,440

roommate so I had to get the hell out of

600

00:26:10,430 --> 00:26:07,860

there so I called my friend who was a

601
00:26:14,029 --> 00:26:10,440
social worker I said how do I get out of

602
00:26:16,490 --> 00:26:14,039
this room with this crazy person and

603
00:26:19,730 --> 00:26:16,500
they said say that you feel anxious

604
00:26:22,789 --> 00:26:19,740
and I did and boom they moved me out and

605
00:26:25,430 --> 00:26:22,799
uh that's I didn't never get that option

606
00:26:27,590 --> 00:26:25,440
well so I had these different roommates

607
00:26:30,409 --> 00:26:27,600
and they were except for my last one

608
00:26:33,230 --> 00:26:30,419
they were all very memorable

609
00:26:34,669 --> 00:26:33,240
um not in a good way so my last one I

610
00:26:37,970 --> 00:26:34,679
mean this one in particular I'm talking

611
00:26:41,090 --> 00:26:37,980
about he was absolutely deaf and he

612
00:26:43,190 --> 00:26:41,100
refused to wear hearing aids he was from

613
00:26:45,470 --> 00:26:43,200

the northern tip of Maine right on the

614

00:26:49,010 --> 00:26:45,480

border of Canada and was down there for

615

00:26:53,450 --> 00:26:49,020

for a heart issue and uh so

616

00:26:54,529 --> 00:26:53,460

I went to bed at 10 20 and 11 30 The

617

00:26:56,269 --> 00:26:54,539

Roommate

618

00:26:57,350 --> 00:26:56,279

next to me

619

00:27:01,669 --> 00:26:57,360

um

620

00:27:03,350 --> 00:27:01,679

he would beat you know for the nurses he

621

00:27:05,630 --> 00:27:03,360

would you know the call button he'd push

622

00:27:08,269 --> 00:27:05,640

the call button and they'd answer they

623

00:27:09,890 --> 00:27:08,279

go hi may I help you

624

00:27:12,049 --> 00:27:09,900

and there was dead silence because he

625

00:27:15,169 --> 00:27:12,059

couldn't hear them yeah so he'd pushed

626

00:27:17,990 --> 00:27:15,179

the button again hi may I help you

627

00:27:20,750 --> 00:27:18,000

so finally I piped up and said

628

00:27:23,690 --> 00:27:20,760

um can you come in here he must need

629

00:27:25,909 --> 00:27:23,700

something so they would they would come

630

00:27:27,529 --> 00:27:25,919

in and you know he'd have to get a big

631

00:27:28,970 --> 00:27:27,539

production to get up to use the restroom

632

00:27:33,049 --> 00:27:28,980

whatever you know

633

00:27:35,750 --> 00:27:33,059

so uh 130 the

634

00:27:37,430 --> 00:27:35,760

his bed alarm went off so he obviously

635

00:27:40,010 --> 00:27:37,440

got out of his bed they had to have an

636

00:27:42,649 --> 00:27:40,020

alarm on it you know to make sure he

637

00:27:44,210 --> 00:27:42,659

didn't get out so that was 1 30 a.m so I

638

00:27:46,070 --> 00:27:44,220

got a little bit of sleep between 11 30

639

00:27:49,070 --> 00:27:46,080

and 1 30.

640

00:27:52,070 --> 00:27:49,080

2 A.M they came in to take my vitals

641

00:27:54,549 --> 00:27:52,080

uh 2 30 they came in to change the

642

00:27:58,970 --> 00:27:54,559

battery in my heart monitor

643

00:28:01,149 --> 00:27:58,980

320 the IV machine started beeping they

644

00:28:04,130 --> 00:28:01,159

came and fixed it

645

00:28:06,529 --> 00:28:04,140

450 for some reason they felt that was

646

00:28:09,250 --> 00:28:06,539

the time to come in and weigh me so I

647

00:28:13,010 --> 00:28:09,260

had to get up out of bed and get weight

648

00:28:14,330 --> 00:28:13,020

uh 510 they put the roommate on the

649

00:28:18,409 --> 00:28:14,340

toilet again

650

00:28:20,630 --> 00:28:18,419

and uh he was yelling a lot and uh so 5

651
00:28:22,909 --> 00:28:20,640
30 they decided to give me Omeprazole

652
00:28:25,070 --> 00:28:22,919
which I never really needed that was for

653
00:28:27,649 --> 00:28:25,080
gastric issues

654
00:28:28,870 --> 00:28:27,659
um 605 it was the first announcement on

655
00:28:31,990 --> 00:28:28,880
the PA

656
00:28:36,289 --> 00:28:32,000
626 was vitals

657
00:28:37,970 --> 00:28:36,299
640 the old roommate was hauled away for

658
00:28:40,190 --> 00:28:37,980
an operation

659
00:28:41,570 --> 00:28:40,200
they left the door wide open everyone's

660
00:28:43,549 --> 00:28:41,580
yelling and walking by right by the

661
00:28:46,010 --> 00:28:43,559
nurse's station so I got up to have to

662
00:28:47,750 --> 00:28:46,020
close the door seven o'clock nurse

663
00:28:50,210 --> 00:28:47,760

shift change they come in and introduce

664

00:28:54,769 --> 00:28:50,220

themselves and all that I'm like please

665

00:28:56,450 --> 00:28:54,779

just let me sleep that was 703 710 I had

666

00:28:57,590 --> 00:28:56,460

to get up and close the door after the

667

00:29:00,230 --> 00:28:57,600

new nurse

668

00:29:03,169 --> 00:29:00,240

uh even though I asked her if she'd

669

00:29:06,049 --> 00:29:03,179

please close the door 7 20 they came in

670

00:29:09,769 --> 00:29:06,059

to draw blood a couple of pokes they got

671

00:29:13,669 --> 00:29:09,779

that 732 the nurse student came in

672

00:29:15,049 --> 00:29:13,679

and uh she was very very ambitious and

673

00:29:16,610 --> 00:29:15,059

kept coming in

674

00:29:19,130 --> 00:29:16,620

um so that was it that was like a

675

00:29:21,230 --> 00:29:19,140

typical night it was like I don't even

676
00:29:23,630 --> 00:29:21,240
think you could get an hour of sleep you

677
00:29:28,070 --> 00:29:23,640
know an hour hour and a half sleep so

678
00:29:30,590 --> 00:29:28,080
yeah so uh so going up to the uh I think

679
00:29:34,310 --> 00:29:30,600
I'll bring us up here going up to the uh

680
00:29:37,330 --> 00:29:34,320
surgery so uh that's where I I kind of

681
00:29:40,909 --> 00:29:37,340
left off so I I'm going into the surgery

682
00:29:43,430 --> 00:29:40,919
and I just say well I have no choice you

683
00:29:44,810 --> 00:29:43,440
know this is It's either this or or I'm

684
00:29:48,950 --> 00:29:44,820
gonna have this terrible chest pain and

685
00:29:50,930 --> 00:29:48,960
die so I just what you put your trust

686
00:29:53,090 --> 00:29:50,940
totally into this

687
00:29:54,889 --> 00:29:53,100
this Hospital the surgeon all the

688
00:29:56,570 --> 00:29:54,899

medical people you just put your you

689

00:29:59,690 --> 00:29:56,580

have no other choice you have to put all

690

00:30:02,870 --> 00:29:59,700

your trust in them that's right so I

691

00:30:05,210 --> 00:30:02,880

went I went under I I had met one more

692

00:30:08,210 --> 00:30:05,220

time with the doctor and I felt very

693

00:30:12,350 --> 00:30:08,220

comfortable with them and

694

00:30:13,850 --> 00:30:12,360

so I went under and the next thing

695

00:30:14,450 --> 00:30:13,860

you know

696

00:30:16,130 --> 00:30:14,460

um

697

00:30:19,010 --> 00:30:16,140

coming too

698

00:30:21,529 --> 00:30:19,020

and uh you know burning burning chests

699

00:30:23,269 --> 00:30:21,539

of of course

700

00:30:24,710 --> 00:30:23,279

um and

701

00:30:27,950 --> 00:30:24,720

then

702

00:30:30,230 --> 00:30:27,960

um like in such a hallucinative state I

703

00:30:33,409 --> 00:30:30,240

can't I don't even know how to describe

704

00:30:35,389 --> 00:30:33,419

things and uh I'm on the ventilator and

705

00:30:37,850 --> 00:30:35,399

they have uh two of them in my stomach

706

00:30:39,830 --> 00:30:37,860

and a ventilator now the ventilator I

707

00:30:41,210 --> 00:30:39,840

feel so sorry for these people that had

708

00:30:44,810 --> 00:30:41,220

covered that had to be on the sink

709

00:30:47,389 --> 00:30:44,820

because it just it goes

710

00:30:49,430 --> 00:30:47,399

just pushes the air in you and it forces

711

00:30:50,870 --> 00:30:49,440

you to breathe in and breathe out so I'm

712

00:30:53,149 --> 00:30:50,880

trying to

713

00:30:54,649 --> 00:30:53,159

get a hold of the tube and I realize

714

00:30:56,029 --> 00:30:54,659

that I'm strapped down they strap you

715

00:30:57,649 --> 00:30:56,039

down so you can't pull the tube out

716

00:31:00,409 --> 00:30:57,659

because I guess a lot of people want to

717

00:31:02,389 --> 00:31:00,419

do that so I'm trying to do anything I

718

00:31:04,130 --> 00:31:02,399

can to get the attention of someone I'm

719

00:31:05,990 --> 00:31:04,140

winking my eyes and when they walk by

720

00:31:08,510 --> 00:31:06,000

and stuff like get the tube the hell out

721

00:31:11,649 --> 00:31:08,520

of me it's awful I couldn't stand the

722

00:31:14,690 --> 00:31:11,659

ventilator then I started having these

723

00:31:17,149 --> 00:31:14,700

hallucinations and I know this is where

724

00:31:19,430 --> 00:31:17,159

you're going to talk about the things

725

00:31:22,070 --> 00:31:19,440

that happened to you too so I had these

726

00:31:24,230 --> 00:31:22,080

hallucinations and uh one is so wild

727

00:31:27,889 --> 00:31:24,240

it's it's like for me to admit it

728

00:31:31,070 --> 00:31:27,899

publicly it's uh it's it doesn't make

729

00:31:33,350 --> 00:31:31,080

any sense uh I

730

00:31:34,370 --> 00:31:33,360

I grew up my father had an upholstery

731

00:31:39,470 --> 00:31:34,380

shop

732

00:31:41,870 --> 00:31:39,480

were several boats of bolts of fabric on

733

00:31:43,370 --> 00:31:41,880

end they're like rolls of fabric on and

734

00:31:47,630 --> 00:31:43,380

in these boxes

735

00:31:50,029 --> 00:31:47,640

well I'm like floating over and I see

736

00:31:52,370 --> 00:31:50,039

these boxes and then I'm going over to

737

00:31:54,529 --> 00:31:52,380

the box and all of a sudden I realize

738

00:31:56,870 --> 00:31:54,539

that I'm here's here's where it's

739

00:31:57,950 --> 00:31:56,880

absolutely nuts I'm one of the bolts of

740

00:32:00,289 --> 00:31:57,960

fabric

741

00:32:02,810 --> 00:32:00,299

I became or I was one of the bolts of

742

00:32:05,210 --> 00:32:02,820

fabric in the box that was one of my

743

00:32:08,149 --> 00:32:05,220

hallucinations it makes absolutely no

744

00:32:10,789 --> 00:32:08,159

sense and that's why I was hesitant to

745

00:32:13,130 --> 00:32:10,799

talk about it but I did anyway and this

746

00:32:15,110 --> 00:32:13,140

the other hallucinations are weird

747

00:32:16,789 --> 00:32:15,120

dreams I guess you have and I've had a

748

00:32:18,830 --> 00:32:16,799

ton of those since this but the other

749

00:32:20,230 --> 00:32:18,840

things that I had while I was in

750

00:32:24,169 --> 00:32:20,240

recovery

751
00:32:25,909 --> 00:32:24,179
uh was that I would be I was in a house

752
00:32:27,830 --> 00:32:25,919
where I grew up in yet I was in a little

753
00:32:29,570 --> 00:32:27,840
tiny box where I couldn't move out of

754
00:32:32,149 --> 00:32:29,580
and I kept having those type of things

755
00:32:34,310 --> 00:32:32,159
because I was restrained basically I

756
00:32:37,570 --> 00:32:34,320
think that's why I was having those and

757
00:32:41,149 --> 00:32:37,580
then finally they came and pulled out

758
00:32:42,889 --> 00:32:41,159
the ventilator tube and the stomach tube

759
00:32:46,010 --> 00:32:42,899
and that's something you never really

760
00:32:48,110 --> 00:32:46,020
want to feel either and once they did

761
00:32:50,450 --> 00:32:48,120
that they sat me up and next thing you

762
00:32:51,590 --> 00:32:50,460
know my friend Donna's sitting right

763
00:32:54,889 --> 00:32:51,600

next to me

764

00:32:57,350 --> 00:32:54,899

and she said I was like talking coherent

765

00:32:59,389 --> 00:32:57,360

but I I had no idea what I was saying

766

00:33:02,750 --> 00:32:59,399

she did tell me that I asked her several

767

00:33:04,549 --> 00:33:02,760

times am I saying bad things because I

768

00:33:06,230 --> 00:33:04,559

didn't know didn't know what I was

769

00:33:08,990 --> 00:33:06,240

saying and I guess I had a sense of

770

00:33:11,570 --> 00:33:09,000

humor too but in recovery it was really

771

00:33:14,990 --> 00:33:11,580

really bizarre I'm going to just talk a

772

00:33:17,269 --> 00:33:15,000

little bit about that the first the

773

00:33:20,090 --> 00:33:17,279

first night there um

774

00:33:23,690 --> 00:33:20,100

uh when they put me into like this bed

775

00:33:26,930 --> 00:33:23,700

from the chair I had I had tubes in my

776

00:33:28,850 --> 00:33:26,940

neck and my chest and and my stomach and

777

00:33:31,250 --> 00:33:28,860

I looked behind me and there were all

778

00:33:33,830 --> 00:33:31,260

these wires and cables and

779

00:33:36,049 --> 00:33:33,840

all these things I just couldn't believe

780

00:33:38,810 --> 00:33:36,059

how much was hooked to me they put me in

781

00:33:41,330 --> 00:33:38,820

this bed in the bed the bed moved

782

00:33:43,549 --> 00:33:41,340

constantly to I guess to stimulate you

783

00:33:45,169 --> 00:33:43,559

or something like that I couldn't sleep

784

00:33:47,630 --> 00:33:45,179

and uh

785

00:33:51,049 --> 00:33:47,640

it was it was quite awful and they had

786

00:33:55,130 --> 00:33:51,059

the charge nurse for that night

787

00:33:58,430 --> 00:33:55,140

um was Extremely Loud and laughing and

788

00:34:00,110 --> 00:33:58,440

so I kept asking I had a male nurse that

789

00:34:03,289 --> 00:34:00,120

night and he was good as gold he was

790

00:34:04,850 --> 00:34:03,299

such a great guy and I kept thinking and

791

00:34:08,329 --> 00:34:04,860

I would say this right from the get-go

792

00:34:11,210 --> 00:34:08,339

in recovery that I can't go to sleep

793

00:34:13,250 --> 00:34:11,220

because if I do I'm going to I'm going

794

00:34:14,990 --> 00:34:13,260

to die I'm going to stop breathing I had

795

00:34:17,210 --> 00:34:15,000

that so stuck in my mind that that was

796

00:34:18,589 --> 00:34:17,220

going to happen that I was afraid to go

797

00:34:19,490 --> 00:34:18,599

to sleep because I knew I'd stop

798

00:34:23,930 --> 00:34:19,500

breathing

799

00:34:25,669 --> 00:34:23,940

and so the uh the nurse kept assuring me

800

00:34:27,829 --> 00:34:25,679

and he said look I'll stay right here

801
00:34:29,930 --> 00:34:27,839
and I said it doesn't matter that woman

802
00:34:33,050 --> 00:34:29,940
just keeps laughing and yelling and you

803
00:34:35,030 --> 00:34:33,060
know so uh he would go out tell her to

804
00:34:37,849 --> 00:34:35,040
please you know be quiet and she would

805
00:34:40,250 --> 00:34:37,859
that would last for about an hour and

806
00:34:42,589 --> 00:34:40,260
should start up again so I never got a

807
00:34:44,750 --> 00:34:42,599
wink of sleep that night basically

808
00:34:46,990 --> 00:34:44,760
thinking that I was gonna die and then

809
00:34:49,909 --> 00:34:47,000
uh because I thought I'd stop breathing

810
00:34:53,869 --> 00:34:49,919
and then you know it's a slow slow

811
00:34:55,550 --> 00:34:53,879
recovery from there on out

812
00:34:57,770 --> 00:34:55,560
um you know I had some great people come

813
00:35:01,250 --> 00:34:57,780

visit me and and give me a lot of

814

00:35:03,190 --> 00:35:01,260

support and uh it's been really great

815

00:35:06,650 --> 00:35:03,200

I'll just go quickly into

816

00:35:07,970 --> 00:35:06,660

uh I became I think you know they say

817

00:35:11,089 --> 00:35:07,980

you go through a lot of different things

818

00:35:13,250 --> 00:35:11,099

and one of them is uh you know uh

819

00:35:14,569 --> 00:35:13,260

depression which I didn't really go

820

00:35:16,550 --> 00:35:14,579

through I'm really lucky that I didn't

821

00:35:19,550 --> 00:35:16,560

go through I feel nothing but grateful

822

00:35:21,950 --> 00:35:19,560

that I'm alive and but one thing I will

823

00:35:25,550 --> 00:35:21,960

tell you is uh I've never been more

824

00:35:28,550 --> 00:35:25,560

emotional in my life uh when I was let

825

00:35:29,990 --> 00:35:28,560

out of the hospital I just I looked at

826

00:35:34,490 --> 00:35:30,000

the beautiful day

827

00:35:37,910 --> 00:35:34,500

and I just and my son picked me up and

828

00:35:40,550 --> 00:35:37,920

uh and I got in the car and I just

829

00:35:42,349 --> 00:35:40,560

here's my son right here

830

00:35:45,470 --> 00:35:42,359

um he came and stayed with me that's

831

00:35:49,190 --> 00:35:45,480

Evan he came and stayed with me for

832

00:35:51,710 --> 00:35:49,200

um about a week after and uh

833

00:35:54,050 --> 00:35:51,720

like I said I was just so grateful to

834

00:35:57,410 --> 00:35:54,060

see the sunshine and to know that I made

835

00:36:00,470 --> 00:35:57,420

it I really made it and that I have the

836

00:36:04,069 --> 00:36:00,480

future in front of me and uh and this is

837

00:36:05,410 --> 00:36:04,079

what they did uh this is where it was

838

00:36:09,410 --> 00:36:05,420

blocked before

839

00:36:11,270 --> 00:36:09,420

right here on uh on the left side of

840

00:36:12,770 --> 00:36:11,280

your screen and then this is basically

841

00:36:15,530 --> 00:36:12,780

the graph they made

842

00:36:17,270 --> 00:36:15,540

and they used a an artery from inside

843

00:36:20,569 --> 00:36:17,280

the rib cage so I didn't even have to

844

00:36:25,250 --> 00:36:20,579

have any leg any grafts from my leg or

845

00:36:29,210 --> 00:36:25,260

anything that's cool yeah so uh anyway

846

00:36:31,370 --> 00:36:29,220

I am totally grateful I have been I've

847

00:36:33,349 --> 00:36:31,380

still a little bit emotional and I have

848

00:36:35,030 --> 00:36:33,359

I don't know if this happened too much

849

00:36:37,130 --> 00:36:35,040

but you know when they put you on the

850

00:36:40,310 --> 00:36:37,140

heart and lung machine

851

00:36:41,390 --> 00:36:40,320

they have this thing called uh pump

852

00:36:43,790 --> 00:36:41,400

brain

853

00:36:46,250 --> 00:36:43,800

and have you ever heard of that where

854

00:36:48,530 --> 00:36:46,260

you can't remember things and you you

855

00:36:51,109 --> 00:36:48,540

know you you space out for a while

856

00:36:54,349 --> 00:36:51,119

you know uh but they they do call it

857

00:36:56,450 --> 00:36:54,359

pump rain and um anyway I think I'm

858

00:36:58,670 --> 00:36:56,460

getting through that I had a Dean do my

859

00:37:03,349 --> 00:36:58,680

show for a while because I kept losing

860

00:37:05,990 --> 00:37:03,359

words and uh then anyway I remained

861

00:37:08,530 --> 00:37:06,000

absolutely grateful every single day the

862

00:37:11,690 --> 00:37:08,540

only thing I really don't like is I'm on

863

00:37:17,890 --> 00:37:11,700

metropolo polo I can't remember do you

864

00:37:23,750 --> 00:37:21,050

yeah but that has given me the craziest

865

00:37:26,390 --> 00:37:23,760

dreams I have never dreamed such weird

866

00:37:28,130 --> 00:37:26,400

dreams in my life you should be copying

867

00:37:29,990 --> 00:37:28,140

them down and writing them down oh yeah

868

00:37:31,970 --> 00:37:30,000

yeah some of them are just just crazy

869

00:37:34,130 --> 00:37:31,980

they're they're called trouble mares

870

00:37:35,630 --> 00:37:34,140

they're not nightmares but you just

871

00:37:37,010 --> 00:37:35,640

can't like you're trying to reach

872

00:37:39,650 --> 00:37:37,020

someone the phone doesn't have any

873

00:37:41,390 --> 00:37:39,660

numbers on it or you you try to get

874

00:37:43,730 --> 00:37:41,400

somewhere your boat is sinking I had

875

00:37:46,670 --> 00:37:43,740

that happen uh all these different

876

00:37:51,530 --> 00:37:46,680

things I had one where I had to um while

877

00:37:53,870 --> 00:37:51,540

on Metropolol I had to um solve a

878

00:37:55,609 --> 00:37:53,880

triangle I was inside this triangle and

879

00:37:58,370 --> 00:37:55,619

had to solve it mathematically with no

880

00:38:00,109 --> 00:37:58,380

information to solve it

881

00:38:02,329 --> 00:38:00,119

sounds like somebody had to be thrown

882

00:38:04,609 --> 00:38:02,339

your way it's maddening it says

883

00:38:07,370 --> 00:38:04,619

maddening but I I realized you know I'm

884

00:38:09,230 --> 00:38:07,380

a lucid dreamer so I can kind of Take

885

00:38:11,210 --> 00:38:09,240

Charge sometimes and control your dreams

886

00:38:13,630 --> 00:38:11,220

yeah a little bit yeah I've been doing

887

00:38:17,329 --> 00:38:13,640

it since I was a kid it's weird yeah

888

00:38:19,910 --> 00:38:17,339

yeah and so I ended up um just basically

889

00:38:21,770 --> 00:38:19,920

saying I don't like this triangle give

890

00:38:23,750 --> 00:38:21,780

me a right triangle I could fix that I

891

00:38:25,490 --> 00:38:23,760

can do that so I got a right triangle I

892

00:38:27,470 --> 00:38:25,500

did solve it and I got out I mean that

893

00:38:30,410 --> 00:38:27,480

you know what I mean that's weird yeah

894

00:38:32,390 --> 00:38:30,420

yeah yeah yeah I mean the dreams are

895

00:38:34,970 --> 00:38:32,400

just I mean like I don't even know need

896

00:38:38,450 --> 00:38:34,980

to watch TV I mean they're just so uh

897

00:38:41,329 --> 00:38:38,460

they're so bizarre and so vivid like

898

00:38:44,990 --> 00:38:41,339

I've never had before so what uh so

899

00:38:47,870 --> 00:38:45,000

let's hear I know you had uh quite you

900

00:38:50,150 --> 00:38:47,880

went through quite an ordeal so why

901
00:38:52,430 --> 00:38:50,160
don't you well let's talk about the rest

902
00:38:53,930 --> 00:38:52,440
of it yeah yeah it's not a big deal I

903
00:38:54,710 --> 00:38:53,940
say it's not a big deal

904
00:38:56,870 --> 00:38:54,720
um

905
00:38:58,970 --> 00:38:56,880
you have to understand

906
00:39:01,430 --> 00:38:58,980
I knew

907
00:39:02,630 --> 00:39:01,440
um when I was waking up after the

908
00:39:04,430 --> 00:39:02,640
surgery I knew I was going to be all

909
00:39:08,930 --> 00:39:04,440
right

910
00:39:10,670 --> 00:39:08,940
um and yet I knew that I was actually at

911
00:39:13,810 --> 00:39:10,680
that point

912
00:39:16,730 --> 00:39:13,820
um unable to move and profoundly blind

913
00:39:19,370 --> 00:39:16,740

and that was because during the surgery

914

00:39:21,950 --> 00:39:19,380

a clock got away from them

915

00:39:23,870 --> 00:39:21,960

uh from the pulmonary area went to the

916

00:39:24,530 --> 00:39:23,880

heart I'm sorry went to the brain blew

917

00:39:26,390 --> 00:39:24,540

up

918

00:39:29,450 --> 00:39:26,400

and gave me eight major Strokes on the

919

00:39:31,670 --> 00:39:29,460

operating table and no one knew it ah so

920

00:39:32,630 --> 00:39:31,680

when they went to wake me up Mark's not

921

00:39:34,670 --> 00:39:32,640

waking up

922

00:39:36,170 --> 00:39:34,680

in fact his body's bloating what's going

923

00:39:40,190 --> 00:39:36,180

on

924

00:39:43,790 --> 00:39:40,200

make it and um

925

00:39:45,290 --> 00:39:43,800

and the problem is that I actually was

926
00:39:47,690 --> 00:39:45,300
in a coma

927
00:39:49,010 --> 00:39:47,700
and they're telling my family this while

928
00:39:51,109 --> 00:39:49,020
I'm there

929
00:39:52,490 --> 00:39:51,119
and I hear the doctor over here saying

930
00:39:55,849 --> 00:39:52,500
well at best we think it'll be a

931
00:39:57,829 --> 00:39:55,859
quadriplegic and blind gasp gasp from

932
00:39:59,270 --> 00:39:57,839
the family over here and inside I'm

933
00:40:01,730 --> 00:39:59,280
going no I'm going to be fine don't

934
00:40:03,170 --> 00:40:01,740
worry about that I can fix this so what

935
00:40:06,310 --> 00:40:03,180
type of coma were you in where you could

936
00:40:09,170 --> 00:40:06,320
actually hear is there a term

937
00:40:10,670 --> 00:40:09,180
yeah it's called impossible that then in

938
00:40:12,650 --> 00:40:10,680

fact no one no one at the hospital

939

00:40:15,829 --> 00:40:12,660

believe me even though I relayed their

940

00:40:17,329 --> 00:40:15,839

their conversations word for word

941

00:40:19,250 --> 00:40:17,339

um yeah

942

00:40:22,130 --> 00:40:19,260

um it was medically induced because they

943

00:40:23,930 --> 00:40:22,140

thought I was gonna not survive

944

00:40:26,390 --> 00:40:23,940

um and they said my brain activity was

945

00:40:29,990 --> 00:40:26,400

very low but I can promise you but

946

00:40:33,050 --> 00:40:30,000

that's typical though yeah yes but I for

947

00:40:35,690 --> 00:40:33,060

me yeah that's funny yeah I did have

948

00:40:39,050 --> 00:40:35,700

brain surgery too that was 28 years ago

949

00:40:40,490 --> 00:40:39,060

now I had to put one in geez yeah yeah I

950

00:40:41,750 --> 00:40:40,500

did look there's a scar right there you

951
00:40:43,430 --> 00:40:41,760
can see oh my God I'm gonna have to do

952
00:40:47,150 --> 00:40:43,440
that after another show after I have

953
00:40:50,510 --> 00:40:47,160
brain surgery I know right yeah so um

954
00:40:53,329 --> 00:40:50,520
anyway uh so I'm in this Como but I'm

955
00:40:56,089 --> 00:40:53,339
wide awake and I'm as awake as I am here

956
00:40:57,470 --> 00:40:56,099
I'm as conscious and able to function as

957
00:40:59,630 --> 00:40:57,480
much as I am here except I couldn't move

958
00:41:02,990 --> 00:40:59,640
I couldn't see

959
00:41:04,849 --> 00:41:03,000
um so I was ahead in the jar that's what

960
00:41:06,530 --> 00:41:04,859
it was because I couldn't feel anybody I

961
00:41:09,109 --> 00:41:06,540
couldn't feel my body at all in any way

962
00:41:11,450 --> 00:41:09,119
wow and that was because of The Strokes

963
00:41:13,490 --> 00:41:11,460

um my brain looks like swiss cheese I

964

00:41:16,130 --> 00:41:13,500

actually have a CD here with the CAT

965

00:41:17,810 --> 00:41:16,140

scan on him my visual Center is

966

00:41:20,329 --> 00:41:17,820

literally all but gone I mean it's back

967

00:41:23,450 --> 00:41:20,339

here it's it's all black

968

00:41:25,910 --> 00:41:23,460

um and I was

969

00:41:27,470 --> 00:41:25,920

um judged to be profoundly blind and

970

00:41:29,990 --> 00:41:27,480

then

971

00:41:32,089 --> 00:41:30,000

um I said to myself hearing them say

972

00:41:34,609 --> 00:41:32,099

that I said I'm gonna fix that I can fix

973

00:41:36,770 --> 00:41:34,619

that I don't know what it was but in

974

00:41:38,810 --> 00:41:36,780

that state you're in better touch with

975

00:41:41,450 --> 00:41:38,820

your body and what's going on

976
00:41:43,250 --> 00:41:41,460
and I could almost feel the spare parts

977
00:41:45,050 --> 00:41:43,260
in there that I had

978
00:41:47,690 --> 00:41:45,060
and I could almost feel that I was going

979
00:41:50,450 --> 00:41:47,700
to have to train them to do new things I

980
00:41:53,390 --> 00:41:50,460
could almost feel that and I realized

981
00:41:56,030 --> 00:41:53,400
we all have this this isn't just me this

982
00:42:00,410 --> 00:41:56,040
isn't mark this is everybody

983
00:42:02,870 --> 00:42:00,420
um and uh so I ended up uh talking to um

984
00:42:06,290 --> 00:42:02,880
some people like I get out of the

985
00:42:08,630 --> 00:42:06,300
hospital after 22 days as a quadriplegic

986
00:42:09,829 --> 00:42:08,640
combined and they brought me to a rehab

987
00:42:11,450 --> 00:42:09,839
hospital

988
00:42:13,069 --> 00:42:11,460

first thing the doctor says when you are

989

00:42:14,930 --> 00:42:13,079

well I gotta actually tell you you know

990

00:42:17,569 --> 00:42:14,940

there's more than this about the

991

00:42:20,210 --> 00:42:17,579

operation but I did have some Nightmares

992

00:42:22,550 --> 00:42:20,220

From the anesthesia but I knew they were

993

00:42:24,230 --> 00:42:22,560

nightmares you know I knew there were

994

00:42:26,690 --> 00:42:24,240

nightmares

995

00:42:28,550 --> 00:42:26,700

um and brought on by the conditions and

996

00:42:29,329 --> 00:42:28,560

everything else

997

00:42:31,550 --> 00:42:29,339

um

998

00:42:33,950 --> 00:42:31,560

I remember

999

00:42:36,230 --> 00:42:33,960

um when I got to the rehab hospital

1000

00:42:37,130 --> 00:42:36,240

after 22 days at Mount Sinai in New York

1001

00:42:38,750 --> 00:42:37,140

City

1002

00:42:40,730 --> 00:42:38,760

I remember being brought in in the

1003

00:42:42,770 --> 00:42:40,740

middle of the night put in a bed

1004

00:42:44,930 --> 00:42:42,780

and the first thing they did was say oh

1005

00:42:46,790 --> 00:42:44,940

that's not a trick that we support and I

1006

00:42:48,650 --> 00:42:46,800

had a tracheotomy at that time

1007

00:42:50,990 --> 00:42:48,660

so they were going to change it

1008

00:42:52,790 --> 00:42:51,000

right there in the spot it was 11 30 at

1009

00:42:54,710 --> 00:42:52,800

night or so it was dark I guess it was

1010

00:42:58,069 --> 00:42:54,720

11 30 I don't know I couldn't see

1011

00:43:00,010 --> 00:42:58,079

and I heard him say uh you know that

1012

00:43:02,569 --> 00:43:00,020

we're gonna have to change it tonight

1013

00:43:03,890 --> 00:43:02,579

and all right so the doctor comes over

1014

00:43:07,190 --> 00:43:03,900

and he says playing with this it's

1015

00:43:09,589 --> 00:43:07,200

hurting like hell and he pulls it out

1016

00:43:12,650 --> 00:43:09,599

oh and I can't breathe now because

1017

00:43:15,230 --> 00:43:12,660

that's all closed up so I'm going oh my

1018

00:43:16,670 --> 00:43:15,240

God so he takes another one and I hear

1019

00:43:18,349 --> 00:43:16,680

him unwrapping it and I'm thinking I'm

1020

00:43:20,630 --> 00:43:18,359

gonna die before this thing gets in you

1021

00:43:22,790 --> 00:43:20,640

guys I said come on man and he finally

1022

00:43:25,670 --> 00:43:22,800

puts it in and it hurts like hell going

1023

00:43:27,290 --> 00:43:25,680

in oh my God and then they Stitch it to

1024

00:43:29,630 --> 00:43:27,300

my chest

1025

00:43:31,250 --> 00:43:29,640

okay and you can feel this pain I can

1026

00:43:33,050 --> 00:43:31,260

feel all that but I couldn't move and I

1027

00:43:35,750 --> 00:43:33,060

couldn't respond and I couldn't you know

1028

00:43:38,390 --> 00:43:35,760

I couldn't do anything nothing wrong

1029

00:43:40,309 --> 00:43:38,400

yeah so I was like a ragdoll nothing and

1030

00:43:41,630 --> 00:43:40,319

I couldn't even see them

1031

00:43:43,190 --> 00:43:41,640

um I could just hear

1032

00:43:44,990 --> 00:43:43,200

and so

1033

00:43:47,089 --> 00:43:45,000

um they got it there and and that was

1034

00:43:49,430 --> 00:43:47,099

fine and then in the morning they come

1035

00:43:52,250 --> 00:43:49,440

in and the nurse comes in and she has

1036

00:43:54,829 --> 00:43:52,260

this long tube and she's approaching and

1037

00:43:56,510 --> 00:43:54,839

she sticks it down in the hole and she

1038

00:43:59,030 --> 00:43:56,520

does what they had to suction it because

1039

00:44:00,530 --> 00:43:59,040

they pull out junk in there every time

1040

00:44:03,349 --> 00:44:00,540

they did that it was like a spider

1041

00:44:05,809 --> 00:44:03,359

inserting fangs into your chest and

1042

00:44:07,010 --> 00:44:05,819

sucking out your insides that's how I

1043

00:44:09,849 --> 00:44:07,020

likened it

1044

00:44:13,069 --> 00:44:09,859

uh and uh so I was like

1045

00:44:14,270 --> 00:44:13,079

oh it's disgusting and gross

1046

00:44:21,410 --> 00:44:14,280

um

1047

00:44:23,750 --> 00:44:21,420

uh being something that I learned to

1048

00:44:25,849 --> 00:44:23,760

actually look forward to because I would

1049

00:44:27,589 --> 00:44:25,859

after a while I could start to feel that

1050

00:44:29,930 --> 00:44:27,599

I was having difficulty breathing and I

1051

00:44:31,370 --> 00:44:29,940

knew I needed to be suctioned

1052

00:44:33,470 --> 00:44:31,380

um and when the nurse would come in with

1053

00:44:34,670 --> 00:44:33,480

that thing I was like oh good and I mean

1054

00:44:36,829 --> 00:44:34,680

I couldn't say that

1055

00:44:38,630 --> 00:44:36,839

and I couldn't you know see her she

1056

00:44:41,030 --> 00:44:38,640

would come in and say okay we're gonna

1057

00:44:43,309 --> 00:44:41,040

suction you now like oh okay good

1058

00:44:45,410 --> 00:44:43,319

and she would do it I'd be fine you know

1059

00:44:47,630 --> 00:44:45,420

oh that's a great feeling after it's

1060

00:44:50,809 --> 00:44:47,640

done you know it's 10 seconds of hell

1061

00:44:52,430 --> 00:44:50,819

for you know four hours of easy

1062

00:44:53,809 --> 00:44:52,440

breathing well anyway

1063

00:44:58,010 --> 00:44:53,819

um

1064

00:45:00,650 --> 00:44:58,020

uh so once uh I got to the rehab

1065

00:45:02,690 --> 00:45:00,660

facility and the first thing he did was

1066

00:45:06,170 --> 00:45:02,700

the doctor comes in in the morning

1067

00:45:08,030 --> 00:45:06,180

and he says hello he goes I am Dr soltis

1068

00:45:09,950 --> 00:45:08,040

from the rehab hospital you know

1069

00:45:10,910 --> 00:45:09,960

Hospital for Special Care in New Britain

1070

00:45:13,970 --> 00:45:10,920

Connecticut

1071

00:45:15,650 --> 00:45:13,980

uh wonderful people you know

1072

00:45:17,089 --> 00:45:15,660

um in fact when I was done I gave my

1073

00:45:18,589 --> 00:45:17,099

Walker and the cane that I usually gave

1074

00:45:19,910 --> 00:45:18,599

it all back to them I gave it to them

1075

00:45:21,890 --> 00:45:19,920

because you know I had to buy it all and

1076

00:45:23,510 --> 00:45:21,900

they gave it to them

1077

00:45:27,290 --> 00:45:23,520

um the um

1078

00:45:29,569 --> 00:45:27,300

the doctor says uh you see you've had

1079

00:45:31,490 --> 00:45:29,579

quite an assault on your brain

1080

00:45:33,290 --> 00:45:31,500

um I couldn't see him but I could hear

1081

00:45:36,650 --> 00:45:33,300

him and he walks close to the bed he's

1082

00:45:38,750 --> 00:45:36,660

about I would guess four feet to my side

1083

00:45:40,309 --> 00:45:38,760

okay and he says well

1084

00:45:43,010 --> 00:45:40,319

here's what's gonna happen you're gonna

1085

00:45:44,870 --> 00:45:43,020

be here with us for eight to ten weeks

1086

00:45:47,210 --> 00:45:44,880

and then you're gonna need about a year

1087

00:45:50,630 --> 00:45:47,220

or two of recovery at home to get back

1088

00:45:53,089 --> 00:45:50,640

to your full motor skills if you can

1089

00:45:55,670 --> 00:45:53,099

I see based on the assaults that you've

1090

00:45:57,890 --> 00:45:55,680

had that that's probably going to be

1091

00:46:00,170 --> 00:45:57,900

somewhat limited but we're going to try

1092

00:46:02,270 --> 00:46:00,180

and help you the best we can

1093

00:46:06,470 --> 00:46:02,280

and I'm thinking well that doesn't work

1094

00:46:09,170 --> 00:46:06,480

for me this was June 15th of 2015. and

1095

00:46:10,849 --> 00:46:09,180

uh the next day they pulled the trach

1096

00:46:11,990 --> 00:46:10,859

out and I could have known to get rid of

1097

00:46:14,990 --> 00:46:12,000

the trach

1098

00:46:17,210 --> 00:46:15,000

doctor came in

1099

00:46:19,069 --> 00:46:17,220

and I said eight to ten weeks

1100

00:46:21,530 --> 00:46:19,079

you know and then a year or two he goes

1101
00:46:23,210 --> 00:46:21,540
yes he goes uh you've had at that time

1102
00:46:26,270 --> 00:46:23,220
they thought four to six Strokes it was

1103
00:46:28,849 --> 00:46:26,280
actually eight uh he said four to six

1104
00:46:31,130 --> 00:46:28,859
Strokes uh yeah you know some people die

1105
00:46:32,450 --> 00:46:31,140
with one stroke you survived with four

1106
00:46:35,510 --> 00:46:32,460
to six so

1107
00:46:38,569 --> 00:46:35,520
uh I would say you're pretty lucky and I

1108
00:46:41,569 --> 00:46:38,579
said yeah I I guess that's true

1109
00:46:42,410 --> 00:46:41,579
um but you have to understand

1110
00:46:45,230 --> 00:46:42,420
um

1111
00:46:46,670 --> 00:46:45,240
it's June right yeah he said June June

1112
00:46:48,770 --> 00:46:46,680
it was that time it was like June 16th

1113
00:46:52,250 --> 00:46:48,780

or 17th he said June 16th

1114

00:46:54,349 --> 00:46:52,260

and it says June 16 right yes

1115

00:46:55,910 --> 00:46:54,359

um in September middle of September I

1116

00:46:56,870 --> 00:46:55,920

have to speak in Los Angeles at a

1117

00:47:01,130 --> 00:46:56,880

conference

1118

00:47:02,329 --> 00:47:01,140

Mutual UFO Network Conference okay I was

1119

00:47:05,210 --> 00:47:02,339

one of the speakers

1120

00:47:07,010 --> 00:47:05,220

and I heard him gasp and he walks over

1121

00:47:08,270 --> 00:47:07,020

to me leans close so I can feel the heat

1122

00:47:11,569 --> 00:47:08,280

from his face

1123

00:47:13,970 --> 00:47:11,579

and he goes uh Mr d'antonio do you

1124

00:47:17,510 --> 00:47:13,980

understand what's happened to you

1125

00:47:19,670 --> 00:47:17,520

and I said yeah I had a few Strokes

1126

00:47:21,050 --> 00:47:19,680

I said but I'm gonna fix it and the

1127

00:47:22,490 --> 00:47:21,060

reason I knew I could fix it was because

1128

00:47:25,550 --> 00:47:22,500

they're in a coma

1129

00:47:27,290 --> 00:47:25,560

uh I worked out a plan I figured out how

1130

00:47:30,230 --> 00:47:27,300

to heal my brain

1131

00:47:32,030 --> 00:47:30,240

uh and I went

1132

00:47:32,930 --> 00:47:32,040

um in that rehab hospital I went from

1133

00:47:35,990 --> 00:47:32,940

being

1134

00:47:37,550 --> 00:47:36,000

a blind quadriplegic to walking out of

1135

00:47:39,849 --> 00:47:37,560

that hospital less than two weeks two

1136

00:47:44,089 --> 00:47:39,859

and a half weeks later

1137

00:47:46,130 --> 00:47:44,099

yeah I got out on July 3rd and I spent

1138

00:47:48,230 --> 00:47:46,140

July 4th at my sister's house I walked

1139

00:47:50,510 --> 00:47:48,240

at my sister's house down into her

1140

00:47:52,670 --> 00:47:50,520

backyard on gravel and sat down and

1141

00:47:54,050 --> 00:47:52,680

watched fireworks okay and I got there

1142

00:47:57,890 --> 00:47:54,060

June 15th

1143

00:48:01,190 --> 00:47:57,900

and wow the reason was because

1144

00:48:03,650 --> 00:48:01,200

um I I learned in the coma I figured out

1145

00:48:05,569 --> 00:48:03,660

how to access those spare parts

1146

00:48:07,490 --> 00:48:05,579

and I've since helped other people with

1147

00:48:08,750 --> 00:48:07,500

this I've taught them about it you know

1148

00:48:10,849 --> 00:48:08,760

I was actually

1149

00:48:12,170 --> 00:48:10,859

you know this is I know it sounds

1150

00:48:14,569 --> 00:48:12,180

self-serving because it hasn't happened

1151

00:48:17,870 --> 00:48:14,579

yet but I was nominated to do a TED talk

1152

00:48:19,250 --> 00:48:17,880

about this because I healed my brain in

1153

00:48:21,950 --> 00:48:19,260

such a short time

1154

00:48:24,349 --> 00:48:21,960

and and my cardiothoracic surgeon he's

1155

00:48:26,510 --> 00:48:24,359

totally with me on this and he wrote me

1156

00:48:28,130 --> 00:48:26,520

a long letter supporting me all this

1157

00:48:30,589 --> 00:48:28,140

saying yeah you know you figured out how

1158

00:48:32,329 --> 00:48:30,599

to get it the the spare parts as I had

1159

00:48:34,670 --> 00:48:32,339

called them to in the brain

1160

00:48:35,750 --> 00:48:34,680

and many people don't and they don't

1161

00:48:38,270 --> 00:48:35,760

ever recover

1162

00:48:40,069 --> 00:48:38,280

I said yeah but it's not too late

1163

00:48:42,109 --> 00:48:40,079

you know I don't think it's too late I

1164

00:48:44,329 --> 00:48:42,119

think this is something we can always do

1165

00:48:46,069 --> 00:48:44,339

is just as well the incident while it's

1166

00:48:47,990 --> 00:48:46,079

still fresh in our minds and it's still

1167

00:48:51,589 --> 00:48:48,000

a uh

1168

00:48:52,790 --> 00:48:51,599

an assault on our our future saying you

1169

00:48:53,750 --> 00:48:52,800

know you're never going to walk again or

1170

00:48:56,089 --> 00:48:53,760

you're never going to be able to see

1171

00:48:59,690 --> 00:48:56,099

again that's when you have to have that

1172

00:49:02,329 --> 00:48:59,700

desperation to call this up and call in

1173

00:49:05,150 --> 00:49:02,339

those spare parts and rewire your brain

1174

00:49:06,829 --> 00:49:05,160

and and rewiring the brain is I think

1175

00:49:10,309 --> 00:49:06,839

what I did

1176

00:49:14,329 --> 00:49:10,319

wow because I know uh I know that the

1177

00:49:17,450 --> 00:49:14,339

brain can do pretty amazing things yeah

1178

00:49:20,270 --> 00:49:17,460

um you know I had uh I had a stepchild

1179

00:49:23,450 --> 00:49:20,280

that was basically missing she had a

1180

00:49:25,730 --> 00:49:23,460

Genesis of the Corso colossum so she was

1181

00:49:27,829 --> 00:49:25,740

basically missing the center part of her

1182

00:49:30,050 --> 00:49:27,839

brain the corpus callosum yeah that's

1183

00:49:31,430 --> 00:49:30,060

the part that that's the what the that's

1184

00:49:32,569 --> 00:49:31,440

the basically the fabric that connects

1185

00:49:36,589 --> 00:49:32,579

the left and right hemispheres together

1186

00:49:39,349 --> 00:49:36,599

yes and she ended up being able to they

1187

00:49:40,910 --> 00:49:39,359

ended up jumping uh she was able to

1188

00:49:43,550 --> 00:49:40,920

actually put her hands together and

1189

00:49:45,530 --> 00:49:43,560

things like that yeah so it really it

1190

00:49:48,470 --> 00:49:45,540

really is quite amazing

1191

00:49:50,450 --> 00:49:48,480

um I wanted to just also uh this is

1192

00:49:53,270 --> 00:49:50,460

really amazing Mark and I I don't know

1193

00:49:55,849 --> 00:49:53,280

if you're willing to talk about

1194

00:49:58,069 --> 00:49:55,859

um your I don't know if it was a

1195

00:49:59,450 --> 00:49:58,079

hallucination or whatever you had but uh

1196

00:50:01,490 --> 00:49:59,460

but I'll get to that in just a minute

1197

00:50:03,470 --> 00:50:01,500

because I I didn't want to point out

1198

00:50:05,870 --> 00:50:03,480

something also that I'm grateful for and

1199

00:50:08,930 --> 00:50:05,880

then we'll move on uh with that and

1200

00:50:11,270 --> 00:50:08,940

that's uh first of all

1201
00:50:13,609 --> 00:50:11,280
all the listeners to my show I mean not

1202
00:50:15,589 --> 00:50:13,619
all the listeners but lots and lots of

1203
00:50:17,630 --> 00:50:15,599
listeners I had so much support from

1204
00:50:20,390 --> 00:50:17,640
everybody you can't believe how many

1205
00:50:23,930 --> 00:50:20,400
emails texts and Facebook and everything

1206
00:50:26,030 --> 00:50:23,940
people were sending me and uh and you

1207
00:50:28,430 --> 00:50:26,040
know people we go to the conferences I

1208
00:50:29,809 --> 00:50:28,440
was supposed to be at and there'd be

1209
00:50:31,370 --> 00:50:29,819
talking there and next thing you know

1210
00:50:34,790 --> 00:50:31,380
I'd hear from someone there and stuff

1211
00:50:37,970 --> 00:50:34,800
like that and then also I want to do a

1212
00:50:42,109 --> 00:50:37,980
shout out to my sister Buffy uh she came

1213
00:50:46,430 --> 00:50:42,119

out from Washington State and took care

1214

00:50:49,069 --> 00:50:46,440

of me she's a retired nurse and uh was a

1215

00:50:52,190 --> 00:50:49,079

nurse for a long time and I'm telling

1216

00:50:55,849 --> 00:50:52,200

you boy she came out and took such great

1217

00:50:57,770 --> 00:50:55,859

care of me uh I owe her so much you know

1218

00:51:00,049 --> 00:50:57,780

I mean it was just amazing and she got

1219

00:51:02,750 --> 00:51:00,059

my whole place in shape too got

1220

00:51:05,569 --> 00:51:02,760

everything all settled here and and uh

1221

00:51:07,730 --> 00:51:05,579

it was uh you know when you have people

1222

00:51:09,829 --> 00:51:07,740

that are close to you that take care of

1223

00:51:12,170 --> 00:51:09,839

you like that it means so much it means

1224

00:51:15,049 --> 00:51:12,180

so much to me you know it's true yeah

1225

00:51:17,569 --> 00:51:15,059

it's true so you got to your sisters for

1226

00:51:19,069 --> 00:51:17,579

fireworks that's good I want to ask you

1227

00:51:21,230 --> 00:51:19,079

though

1228

00:51:25,250 --> 00:51:21,240

are you like a medical miracle because

1229

00:51:28,670 --> 00:51:25,260

they said this wasn't going to happen

1230

00:51:31,069 --> 00:51:28,680

I I I don't know if I would say that I I

1231

00:51:31,970 --> 00:51:31,079

know that I did

1232

00:51:35,690 --> 00:51:31,980

um

1233

00:51:37,549 --> 00:51:35,700

I did teach them some new things

1234

00:51:40,730 --> 00:51:37,559

um the eye doctor at the hospital for

1235

00:51:44,210 --> 00:51:40,740

special care was blown away

1236

00:51:46,490 --> 00:51:44,220

when he met me on the 15th or 16th

1237

00:51:48,710 --> 00:51:46,500

rather the morning of the 16th and said

1238

00:51:51,349 --> 00:51:48,720

well you're you're quite blind your your

1239

00:51:54,049 --> 00:51:51,359

CAT scan shows irreparable damage to

1240

00:51:56,390 --> 00:51:54,059

your visual cortex

1241

00:51:59,569 --> 00:51:56,400

um and um

1242

00:52:01,670 --> 00:51:59,579

I told him well I'm gonna fix that and

1243

00:52:02,930 --> 00:52:01,680

he's like I don't know how you can fix

1244

00:52:04,730 --> 00:52:02,940

it I said

1245

00:52:06,890 --> 00:52:04,740

it's

1246

00:52:08,150 --> 00:52:06,900

I came up with it during the coma doc I

1247

00:52:09,890 --> 00:52:08,160

said

1248

00:52:12,589 --> 00:52:09,900

I'm going to train the brain with pain

1249

00:52:14,030 --> 00:52:12,599

okay because using my eyes looking at

1250

00:52:15,349 --> 00:52:14,040

trying to make my eyes look at something

1251
00:52:17,450 --> 00:52:15,359
on the screen

1252
00:52:18,530 --> 00:52:17,460
I can feel the heat of the screen which

1253
00:52:20,329 --> 00:52:18,540
is something I could never feel before

1254
00:52:22,370 --> 00:52:20,339
the LCD screen I could feel that heat

1255
00:52:24,349 --> 00:52:22,380
and if it was playing some kind of show

1256
00:52:26,030 --> 00:52:24,359
I know there's something going on my

1257
00:52:28,010 --> 00:52:26,040
brain is struggling to make sense of the

1258
00:52:29,990 --> 00:52:28,020
eyes that are functioning and sending

1259
00:52:31,130 --> 00:52:30,000
signals to it but those signals are dead

1260
00:52:32,750 --> 00:52:31,140
ending

1261
00:52:36,770 --> 00:52:32,760
in a part of the brain that no longer

1262
00:52:39,950 --> 00:52:36,780
functions so if you can make them

1263
00:52:42,650 --> 00:52:39,960

get punished enough the brain which has

1264

00:52:45,829 --> 00:52:42,660

evolved to keep the organism you

1265

00:52:48,049 --> 00:52:45,839

out of danger the brain will find a way

1266

00:52:50,030 --> 00:52:48,059

around the pain and that way around the

1267

00:52:52,250 --> 00:52:50,040

pain for many people is just just look

1268

00:52:54,829 --> 00:52:52,260

away or just or close their eyes and

1269

00:52:57,710 --> 00:52:54,839

block their eyes so they don't have to

1270

00:53:01,069 --> 00:52:57,720

watch well I couldn't move

1271

00:53:03,049 --> 00:53:01,079

I couldn't turn my head away hmm so and

1272

00:53:06,410 --> 00:53:03,059

I I could close my eyes but I wasn't

1273

00:53:09,349 --> 00:53:06,420

going to because that pain that I felt I

1274

00:53:11,329 --> 00:53:09,359

it translated to migraine headaches my

1275

00:53:12,470 --> 00:53:11,339

eyes were tearing up from the pain I

1276

00:53:15,890 --> 00:53:12,480

passed out

1277

00:53:19,309 --> 00:53:15,900

uh several times because of the pain and

1278

00:53:21,650 --> 00:53:19,319

when I was looking at the screen

1279

00:53:23,930 --> 00:53:21,660

my brain was getting these signals

1280

00:53:25,670 --> 00:53:23,940

couldn't make sense of them so it was

1281

00:53:28,490 --> 00:53:25,680

trying to do something with them and it

1282

00:53:31,430 --> 00:53:28,500

was it was I could literally imagine my

1283

00:53:33,410 --> 00:53:31,440

brain going stop stop stop

1284

00:53:35,630 --> 00:53:33,420

and then it says

1285

00:53:37,430 --> 00:53:35,640

okay I gotta figure something out and

1286

00:53:40,490 --> 00:53:37,440

then it figures a workaround

1287

00:53:43,609 --> 00:53:40,500

that workaround by the way is instant

1288

00:53:46,190 --> 00:53:43,619

it's instant it's not slow motion it's

1289

00:53:48,290 --> 00:53:46,200

instant so in an instant I went from

1290

00:53:49,549 --> 00:53:48,300

seeing nothing and we'll Define what

1291

00:53:50,990 --> 00:53:49,559

nothing is

1292

00:53:53,210 --> 00:53:51,000

to seeing

1293

00:53:55,069 --> 00:53:53,220

outline of a screen with shadows just

1294

00:53:57,049 --> 00:53:55,079

like that bam

1295

00:53:58,430 --> 00:53:57,059

and that was because my brain said

1296

00:54:00,230 --> 00:53:58,440

enough is enough I've got to do

1297

00:54:02,030 --> 00:54:00,240

something with these signals and it

1298

00:54:03,710 --> 00:54:02,040

found the way around it because the

1299

00:54:06,410 --> 00:54:03,720

brain is trying to you know do what

1300

00:54:08,809 --> 00:54:06,420

brains do keep the organism out of

1301
00:54:10,790 --> 00:54:08,819
danger and out of pain it's like you're

1302
00:54:12,950 --> 00:54:10,800
trying to hold your hand hold that

1303
00:54:14,150 --> 00:54:12,960
finger in a candle flame let's see how

1304
00:54:16,609 --> 00:54:14,160
long you can hold that finger in the

1305
00:54:18,290 --> 00:54:16,619
candle flame you put it in WoW

1306
00:54:20,630 --> 00:54:18,300
it pulls away

1307
00:54:21,890 --> 00:54:20,640
is that you consciously pulling your

1308
00:54:24,589 --> 00:54:21,900
finger out

1309
00:54:26,930 --> 00:54:24,599
oh no it's not

1310
00:54:29,390 --> 00:54:26,940
it's the Primitive brain saying away

1311
00:54:31,730 --> 00:54:29,400
with the danger extract yourself from

1312
00:54:34,069 --> 00:54:31,740
that situation that's dangerous to me

1313
00:54:35,569 --> 00:54:34,079

hmm well in the same way you're

1314

00:54:38,870 --> 00:54:35,579

torturing the brain you're making it

1315

00:54:40,190 --> 00:54:38,880

have a discomfort and that discomfort

1316

00:54:41,630 --> 00:54:40,200

has to be dealt with

1317

00:54:43,849 --> 00:54:41,640

so

1318

00:54:46,069 --> 00:54:43,859

I forced myself to watch a screen I

1319

00:54:49,069 --> 00:54:46,079

couldn't see until I could

1320

00:54:51,950 --> 00:54:49,079

and once I saw the Shadows I knew I was

1321

00:54:53,809 --> 00:54:51,960

going to be able to see it again and

1322

00:54:56,450 --> 00:54:53,819

um I went back to the eye doctor two

1323

00:54:58,549 --> 00:54:56,460

days after that first meeting and I

1324

00:55:02,569 --> 00:54:58,559

asked him to put up the eye chart

1325

00:55:04,910 --> 00:55:02,579

and he a very nice guy very very well

1326

00:55:07,130 --> 00:55:04,920

versed guy Dr Shafiq in the Britain is

1327

00:55:10,510 --> 00:55:07,140

his name at the hospital for special

1328

00:55:13,430 --> 00:55:10,520

care he's there several days a week and

1329

00:55:17,690 --> 00:55:13,440

I said put up the eye chart please could

1330

00:55:20,630 --> 00:55:17,700

you and he went yeah uh eye chart

1331

00:55:22,730 --> 00:55:20,640

you know because I'm blind

1332

00:55:25,010 --> 00:55:22,740

I said yeah yeah the eye chart and he

1333

00:55:27,950 --> 00:55:25,020

puts a pi chart and he turns on that

1334

00:55:29,510 --> 00:55:27,960

white background and there's a big

1335

00:55:32,329 --> 00:55:29,520

letter in there I couldn't see the

1336

00:55:33,349 --> 00:55:32,339

letter I just saw like a black Haze in

1337

00:55:35,270 --> 00:55:33,359

the middle

1338

00:55:37,130 --> 00:55:35,280

but I saw the white square

1339

00:55:40,849 --> 00:55:37,140

and I said oh you just turned it on he

1340

00:55:44,390 --> 00:55:40,859

says you see that you see that yeah I I

1341

00:55:46,910 --> 00:55:44,400

see it how how are you seeing that what

1342

00:55:49,549 --> 00:55:46,920

are you doing and I explained to him the

1343

00:55:51,530 --> 00:55:49,559

the training the brain with pain thing

1344

00:55:55,609 --> 00:55:51,540

and he's like well that doesn't so that

1345

00:55:58,130 --> 00:55:55,619

doesn't work I said I can see it can't I

1346

00:55:59,870 --> 00:55:58,140

think he goes yeah and I'll see you in a

1347

00:56:01,730 --> 00:55:59,880

couple days and he goes I look forward

1348

00:56:04,670 --> 00:56:01,740

to seeing what you can see then

1349

00:56:07,069 --> 00:56:04,680

well two days came and I had been

1350

00:56:09,530 --> 00:56:07,079

watching Netflix

1351
00:56:10,670 --> 00:56:09,540
um for oh gosh probably 20 hours

1352
00:56:12,470 --> 00:56:10,680
straight

1353
00:56:14,870 --> 00:56:12,480
because when you can't see and you get

1354
00:56:16,549 --> 00:56:14,880
it and you get a result like that the

1355
00:56:18,890 --> 00:56:16,559
first thing you do is say I'm gonna see

1356
00:56:20,329 --> 00:56:18,900
I'm gonna make sure I can see and you're

1357
00:56:23,150 --> 00:56:20,339
gonna stick to it you're gonna know that

1358
00:56:26,210 --> 00:56:23,160
every bit of that pain you feel is a

1359
00:56:27,049 --> 00:56:26,220
healing pain it's pain that fits you

1360
00:56:28,670 --> 00:56:27,059
um it doesn't work for everything

1361
00:56:29,329 --> 00:56:28,680
obviously it works for these kinds of

1362
00:56:32,030 --> 00:56:29,339
things

1363
00:56:34,069 --> 00:56:32,040

what about movement

1364

00:56:37,069 --> 00:56:34,079

um you know yeah I had to get my eyes

1365

00:56:39,049 --> 00:56:37,079

back first yeah okay so my eyes came

1366

00:56:41,809 --> 00:56:39,059

back and and what I did was

1367

00:56:43,430 --> 00:56:41,819

I was looking at the screen and it

1368

00:56:47,030 --> 00:56:43,440

wasn't long before I could recognize

1369

00:56:48,410 --> 00:56:47,040

Jerry Seinfeld versus Kramer

1370

00:56:50,390 --> 00:56:48,420

okay

1371

00:56:51,950 --> 00:56:50,400

basically by the size difference I could

1372

00:56:54,309 --> 00:56:51,960

tell the difference and I could see kind

1373

00:56:56,690 --> 00:56:54,319

of the fuzziness

1374

00:56:59,630 --> 00:56:56,700

okay and that's how I do and I hate

1375

00:57:02,210 --> 00:56:59,640

Seinfeld but um you know what

1376

00:57:05,089 --> 00:57:02,220

I was okay with seeing it because it

1377

00:57:07,250 --> 00:57:05,099

meant I could see the word s-e-e was in

1378

00:57:08,930 --> 00:57:07,260

there and I'm okay with that so when I

1379

00:57:11,930 --> 00:57:08,940

went back in he put up the eye chart and

1380

00:57:13,069 --> 00:57:11,940

I read the Top Line it was a p e OTF you

1381

00:57:15,490 --> 00:57:13,079

never forget your first eye chart

1382

00:57:17,089 --> 00:57:15,500

reading after you're blind

1383

00:57:21,530 --> 00:57:17,099

a-p-e-otf

1384

00:57:23,150 --> 00:57:21,540

and uh he was astonished he was making

1385

00:57:25,370 --> 00:57:23,160

noises like a little school he's like

1386

00:57:26,650 --> 00:57:25,380

how do you how do you say oh my gosh oh

1387

00:57:29,750 --> 00:57:26,660

my gosh

1388

00:57:31,430 --> 00:57:29,760

you can see that and I go yeah

1389

00:57:33,770 --> 00:57:31,440

and then I told him what I did I said

1390

00:57:35,150 --> 00:57:33,780

look this is what I did and you should

1391

00:57:37,430 --> 00:57:35,160

teach this to people

1392

00:57:39,829 --> 00:57:37,440

okay when they've had uh this kind of

1393

00:57:42,589 --> 00:57:39,839

assault on their bodies they can recover

1394

00:57:43,970 --> 00:57:42,599

if they train the brain to use alternate

1395

00:57:45,890 --> 00:57:43,980

pathways

1396

00:57:47,930 --> 00:57:45,900

I said I believe in the plastic brain

1397

00:57:51,770 --> 00:57:47,940

and he basically said something like

1398

00:57:53,390 --> 00:57:51,780

well I think I do too you know and um

1399

00:57:55,609 --> 00:57:53,400

and the site only got better from there

1400

00:57:58,190 --> 00:57:55,619

now as far as my hands I had the nurse

1401
00:57:59,690 --> 00:57:58,200
put a ball in my hands and it now I had

1402
00:58:01,309 --> 00:57:59,700
the benefit if you call it that of

1403
00:58:03,230 --> 00:58:01,319
whenever anyone touched me it felt like

1404
00:58:05,270 --> 00:58:03,240
Liquid Fire

1405
00:58:08,030 --> 00:58:05,280
okay and put a ball on my hand and

1406
00:58:10,490 --> 00:58:08,040
squeeze my hand around it felt like lava

1407
00:58:12,410 --> 00:58:10,500
okay just holding my hand if someone

1408
00:58:13,970 --> 00:58:12,420
grabbed my hand and held it those were

1409
00:58:15,530 --> 00:58:13,980
those fingers touched my hand it felt

1410
00:58:20,589 --> 00:58:15,540
like molten lava

1411
00:58:25,790 --> 00:58:23,390
devastatingly painful

1412
00:58:27,109 --> 00:58:25,800
that you tend to want to let go of

1413
00:58:30,589 --> 00:58:27,119

whatever it was that was causing you to

1414

00:58:34,490 --> 00:58:30,599

have that happen so I ended up um

1415

00:58:37,849 --> 00:58:34,500

uh winds like all the ball but I I I let

1416

00:58:39,530 --> 00:58:37,859

the nurse hold my hand upright and her

1417

00:58:41,390 --> 00:58:39,540

name was Linda Hunter wonderful nurse

1418

00:58:43,670 --> 00:58:41,400

and she held my hand up right and she

1419

00:58:45,049 --> 00:58:43,680

said Mr scruffy I don't think I hadn't

1420

00:58:47,150 --> 00:58:45,059

stayed in a while so they called me Mr

1421

00:58:48,829 --> 00:58:47,160

scruffy I don't think that that's a good

1422

00:58:51,049 --> 00:58:48,839

idea yeah it's hurting you I go I know

1423

00:58:52,670 --> 00:58:51,059

Linda but this is what I need this is

1424

00:58:54,230 --> 00:58:52,680

what's going to tell the brain it's got

1425

00:58:56,329 --> 00:58:54,240

to do something about it

1426

00:58:57,710 --> 00:58:56,339

okay so right at this point she's

1427

00:58:59,930 --> 00:58:57,720

holding my hand closed because I can't

1428

00:59:03,770 --> 00:58:59,940

control my fingers or anything and the

1429

00:59:05,690 --> 00:59:03,780

balls in my hand and I I guess while the

1430

00:59:07,490 --> 00:59:05,700

ball was in my hand I think I passed out

1431

00:59:09,289 --> 00:59:07,500

from the pain

1432

00:59:11,089 --> 00:59:09,299

um I never knew what that was pass out

1433

00:59:13,490 --> 00:59:11,099

from the pain what does that mean

1434

00:59:15,230 --> 00:59:13,500

uh it means your senses your brain gets

1435

00:59:17,329 --> 00:59:15,240

overloaded so much that it just reboots

1436

00:59:21,109 --> 00:59:17,339

it shuts down and it really does happen

1437

00:59:22,730 --> 00:59:21,119

and I now know what that's like well I

1438

00:59:25,370 --> 00:59:22,740

was holding the ball like this and when

1439

00:59:27,109 --> 00:59:25,380

I put when I seemingly passed out she

1440

00:59:29,630 --> 00:59:27,119

may have thought I fell asleep

1441

00:59:30,890 --> 00:59:29,640

so she just left you know and left the

1442

00:59:33,410 --> 00:59:30,900

ball in my hand

1443

00:59:36,490 --> 00:59:33,420

and when she came back in and woke me up

1444

00:59:39,109 --> 00:59:36,500

for vitals every six seconds as they do

1445

00:59:41,150 --> 00:59:39,119

yes okay

1446

00:59:43,730 --> 00:59:41,160

um my hand was sideways and the ball was

1447

00:59:45,770 --> 00:59:43,740

in my lap on top of the bed spread

1448

00:59:47,390 --> 00:59:45,780

and I said oh it must have been an

1449

00:59:49,010 --> 00:59:47,400

unconscious twitch or something Linda

1450

00:59:50,750 --> 00:59:49,020

can you put it back in my hand she was

1451

00:59:53,150 --> 00:59:50,760

yes came to Scruffy she puts it back in

1452

00:59:56,390 --> 00:59:53,160

my hand closes around it's burning like

1453

00:59:59,150 --> 00:59:56,400

hell and my hand goes like this ah

1454

01:00:01,309 --> 00:59:59,160

my fingers open and it balls it

1455

01:00:04,190 --> 01:00:01,319

goes ah it flips out

1456

01:00:07,609 --> 01:00:04,200

and she goes oh Mr scruffy did you do

1457

01:00:09,710 --> 01:00:07,619

that I went yeah I did Linda I said so

1458

01:00:12,349 --> 01:00:09,720

congratulate congratulate me now I'm a

1459

01:00:13,789 --> 01:00:12,359

paraplegic not a quadriplegic huh and

1460

01:00:17,150 --> 01:00:13,799

she goes oh my God I go yeah little

1461

01:00:19,010 --> 01:00:17,160

victories and that led to the wrist

1462

01:00:21,230 --> 01:00:19,020

movement that led to the Elbow led to

1463

01:00:23,089 --> 01:00:21,240

the shoulder and then the ball in this

1464

01:00:25,370 --> 01:00:23,099

hand led to this hand and his shoulder

1465

01:00:27,890 --> 01:00:25,380

and then the shoulders led to the Torso

1466

01:00:30,470 --> 01:00:27,900

which led to the hips and then he could

1467

01:00:32,569 --> 01:00:30,480

push my feet down to the bottom of the

1468

01:00:35,210 --> 01:00:32,579

bed where they are pressing against the

1469

01:00:37,609 --> 01:00:35,220

bottom of the bed and that burned like

1470

01:00:38,930 --> 01:00:37,619

you can't imagine and that led to my

1471

01:00:41,870 --> 01:00:38,940

feet coming back

1472

01:00:45,530 --> 01:00:41,880

okay same thing on the other side so

1473

01:00:48,170 --> 01:00:45,540

um it was the the pain I used pain

1474

01:00:50,510 --> 01:00:48,180

um to to actually as a healing measure

1475

01:00:52,549 --> 01:00:50,520

most people want a pill for the pain in

1476

01:00:54,170 --> 01:00:52,559

this particular case that pain is the

1477

01:00:57,289 --> 01:00:54,180

best thing you can have because that

1478

01:00:59,030 --> 01:00:57,299

pain signals that it's trying to fix

1479

01:01:02,650 --> 01:00:59,040

itself and you don't want to thwart that

1480

01:01:06,049 --> 01:01:02,660

you want to actually push through that

1481

01:01:07,849 --> 01:01:06,059

what was the terrible pain yeah I never

1482

01:01:08,690 --> 01:01:07,859

knew this all the times we talked I've

1483

01:01:11,569 --> 01:01:08,700

never

1484

01:01:13,730 --> 01:01:11,579

knew this part of it it's really quite

1485

01:01:16,549 --> 01:01:13,740

amazing I mean it sure sounds like a

1486

01:01:19,010 --> 01:01:16,559

miracle to me uh you're curing yourself

1487

01:01:20,990 --> 01:01:19,020

basically of something that people could

1488

01:01:23,089 --> 01:01:21,000

be strapped with the rest of their lives

1489

01:01:25,789 --> 01:01:23,099

really you know but see everybody can do

1490

01:01:28,730 --> 01:01:25,799

this and I got a call from a guy in the

1491

01:01:30,829 --> 01:01:28,740

midwest he was a doctor and he'd had a

1492

01:01:32,450 --> 01:01:30,839

stroke so his wife called me and I said

1493

01:01:34,609 --> 01:01:32,460

my husband had a stroke we have a

1494

01:01:35,690 --> 01:01:34,619

practice and we're in danger of losing

1495

01:01:38,510 --> 01:01:35,700

our practice

1496

01:01:40,069 --> 01:01:38,520

and I was home by then and so how long I

1497

01:01:41,750 --> 01:01:40,079

said I'm not a doctor but I can share

1498

01:01:44,569 --> 01:01:41,760

how I got better maybe that'll help them

1499

01:01:47,270 --> 01:01:44,579

and I know and she goes okay and I go

1500

01:01:48,890 --> 01:01:47,280

well how long has he had this stroke

1501
01:01:51,549 --> 01:01:48,900
when was oh he had like four months

1502
01:01:55,069 --> 01:01:51,559
three months ago four months ago

1503
01:01:57,650 --> 01:01:55,079
okay so what's his condition now well

1504
01:01:59,150 --> 01:01:57,660
his hands were all postured up and he

1505
01:02:02,210 --> 01:01:59,160
can't move him

1506
01:02:05,030 --> 01:02:02,220
and uh I said can he see yes you can see

1507
01:02:07,490 --> 01:02:05,040
just fine can he talk yes he can talk

1508
01:02:09,950 --> 01:02:07,500
but his hands are stroked he goes yeah

1509
01:02:12,829 --> 01:02:09,960
he has movement issues and his hands are

1510
01:02:14,750 --> 01:02:12,839
in a typical uh position they're all

1511
01:02:16,670 --> 01:02:14,760
like this you know

1512
01:02:17,510 --> 01:02:16,680
um and I said Okay

1513
01:02:19,609 --> 01:02:17,520

um

1514

01:02:21,829 --> 01:02:19,619

I can only offer you I told her what I

1515

01:02:23,510 --> 01:02:21,839

did with the with the pain and she said

1516

01:02:25,010 --> 01:02:23,520

yeah he doesn't feel any pain he doesn't

1517

01:02:26,390 --> 01:02:25,020

feel anything actually

1518

01:02:28,670 --> 01:02:26,400

hmm

1519

01:02:29,690 --> 01:02:28,680

well we can try something

1520

01:02:31,430 --> 01:02:29,700

um

1521

01:02:33,349 --> 01:02:31,440

does he trust you

1522

01:02:35,089 --> 01:02:33,359

well of course he does

1523

01:02:37,309 --> 01:02:35,099

okay

1524

01:02:39,530 --> 01:02:37,319

I have an idea

1525

01:02:41,450 --> 01:02:39,540

again I'm not a doctor

1526

01:02:43,910 --> 01:02:41,460

but the thing that the brain reacts to

1527

01:02:45,230 --> 01:02:43,920

is pain and the other thing it reacts to

1528

01:02:47,870 --> 01:02:45,240

is fear

1529

01:02:49,670 --> 01:02:47,880

pain in fear those two things are what

1530

01:02:51,770 --> 01:02:49,680

have helped evolve the brain to keep the

1531

01:02:53,030 --> 01:02:51,780

organism out of danger I told her

1532

01:02:55,789 --> 01:02:53,040

so

1533

01:02:57,890 --> 01:02:55,799

how about this

1534

01:02:59,450 --> 01:02:57,900

can his hands be pulled down yeah they

1535

01:03:01,789 --> 01:02:59,460

can be pulled down but they just sort of

1536

01:03:03,470 --> 01:03:01,799

go back as okay you pull them down

1537

01:03:05,809 --> 01:03:03,480

and put a book on them whatever you have

1538

01:03:07,609 --> 01:03:05,819

to do to hold them down the hand and

1539

01:03:10,370 --> 01:03:07,619

then take a needle

1540

01:03:12,589 --> 01:03:10,380

and tell him I'm not sure honey I might

1541

01:03:14,750 --> 01:03:12,599

stick you but I'm gonna go walk and I

1542

01:03:18,230 --> 01:03:14,760

call it the walk walk his fingers with

1543

01:03:20,150 --> 01:03:18,240

that needle and and touch the tip so you

1544

01:03:23,630 --> 01:03:20,160

can see the needle touching the tip

1545

01:03:26,270 --> 01:03:23,640

he'll see that yes he will okay

1546

01:03:27,890 --> 01:03:26,280

don't tell him you won't stick him let

1547

01:03:29,930 --> 01:03:27,900

him think you might

1548

01:03:32,030 --> 01:03:29,940

the brain has to think it's in danger

1549

01:03:35,450 --> 01:03:32,040

for this to work I know it's a rotten

1550

01:03:38,030 --> 01:03:35,460

thing to sound like I'm saying right but

1551

01:03:40,670 --> 01:03:38,040

um you know I said try the walk on his

1552

01:03:44,390 --> 01:03:40,680

fingers and and give it some time

1553

01:03:45,890 --> 01:03:44,400

and he might find that his brain says I

1554

01:03:47,630 --> 01:03:45,900

can't handle this anymore I can't be

1555

01:03:49,430 --> 01:03:47,640

that's a very sensitive area I don't

1556

01:03:50,750 --> 01:03:49,440

want you sticking my fingers with a

1557

01:03:53,089 --> 01:03:50,760

needle

1558

01:03:55,190 --> 01:03:53,099

and His Hands may come back

1559

01:03:56,990 --> 01:03:55,200

and I said I can't promise it of course

1560

01:03:59,450 --> 01:03:57,000

but it's the it's the one thing that

1561

01:04:01,789 --> 01:03:59,460

appeals to the Primitive brain and he

1562

01:04:03,650 --> 01:04:01,799

says okay I'll try it I didn't hear from

1563

01:04:05,210 --> 01:04:03,660

the guy for six weeks while I was

1564

01:04:06,710 --> 01:04:05,220

streaming from The Observatory if we're

1565

01:04:07,730 --> 01:04:06,720

gonna stream tonight actually after we

1566

01:04:09,589 --> 01:04:07,740

talked

1567

01:04:12,430 --> 01:04:09,599

um I'm in a stream we're gonna stream

1568

01:04:15,829 --> 01:04:12,440

Mars going behind the Moon tonight

1569

01:04:17,930 --> 01:04:15,839

oculation occultation occultation yeah

1570

01:04:19,430 --> 01:04:17,940

quotations to Mars by the munya and

1571

01:04:21,530 --> 01:04:19,440

they'll be Sky Tour live stream on

1572

01:04:23,450 --> 01:04:21,540

YouTube right well

1573

01:04:27,289 --> 01:04:23,460

um I was streaming uh with my

1574

01:04:29,030 --> 01:04:27,299

Observatory and uh in the chat somebody

1575

01:04:32,089 --> 01:04:29,040

writes in the chat and it was Amanda

1576

01:04:34,609 --> 01:04:32,099

Curtin at the time who was a co-host she

1577

01:04:37,789 --> 01:04:34,619

said Mark there's a doctor from Texas

1578

01:04:40,010 --> 01:04:37,799

who's in the chat oh okay sorry because

1579

01:04:41,870 --> 01:04:40,020

I don't know how dark are you fine he

1580

01:04:44,870 --> 01:04:41,880

said and he writes in all caps

1581

01:04:48,230 --> 01:04:44,880

everything you said came true what

1582

01:04:50,270 --> 01:04:48,240

everything you said he says it's me my

1583

01:04:54,710 --> 01:04:50,280

wife talked to you wow are you typing

1584

01:04:59,450 --> 01:04:54,720

this yes I am huh he wrote I got my life

1585

01:05:02,870 --> 01:04:59,460

back now wow made my night oh my God yes

1586

01:05:05,569 --> 01:05:02,880

made my night yeah you know so

1587

01:05:07,970 --> 01:05:05,579

since then another person had had a

1588

01:05:10,970 --> 01:05:07,980

stroke and was having balance issues and

1589

01:05:13,069 --> 01:05:10,980

I told him about what I felt might be a

1590

01:05:15,650 --> 01:05:13,079

good way again appeal to the fear or

1591

01:05:18,410 --> 01:05:15,660

pain side of the brain okay use it to

1592

01:05:20,450 --> 01:05:18,420

heal and I said can you stand on two

1593

01:05:22,789 --> 01:05:20,460

feet and stand up tall on your balls or

1594

01:05:26,750 --> 01:05:22,799

your feet oh no I might fall

1595

01:05:28,430 --> 01:05:26,760

do it but hold on to a counter and then

1596

01:05:30,109 --> 01:05:28,440

let go of the counter

1597

01:05:32,510 --> 01:05:30,119

okay even if you're leading against the

1598

01:05:34,309 --> 01:05:32,520

content let go let your brain think that

1599

01:05:38,089 --> 01:05:34,319

it might fall

1600

01:05:41,210 --> 01:05:38,099

okay and your brain will snap into

1601
01:05:43,789 --> 01:05:41,220
overdrive and it could probably help fix

1602
01:05:46,010 --> 01:05:43,799
you again I'm no neurologist but I can

1603
01:05:48,530 --> 01:05:46,020
tell you this we're going we're treading

1604
01:05:50,569 --> 01:05:48,540
we're no neurologist has ever dread not

1605
01:05:53,450 --> 01:05:50,579
like this and

1606
01:05:55,549 --> 01:05:53,460
um so he said I'll try it and he tried

1607
01:05:57,589 --> 01:05:55,559
it and

1608
01:05:59,030 --> 01:05:57,599
um I talked to him some weeks later and

1609
01:06:00,109 --> 01:05:59,040
I was talking about this with someone

1610
01:06:03,230 --> 01:06:00,119
else

1611
01:06:05,450 --> 01:06:03,240
and he pipes in yeah it got my balance

1612
01:06:07,549 --> 01:06:05,460
back I'm like really you got your pounce

1613
01:06:10,430 --> 01:06:07,559

you never shared that with me oh yeah no

1614

01:06:12,049 --> 01:06:10,440

it worked it worked I got my bounce back

1615

01:06:13,190 --> 01:06:12,059

really quick actually

1616

01:06:15,650 --> 01:06:13,200

so

1617

01:06:18,349 --> 01:06:15,660

it works you know it's a technique again

1618

01:06:20,210 --> 01:06:18,359

pain and fear I'm not saying if you're

1619

01:06:22,130 --> 01:06:20,220

you have balance issues go stand at the

1620

01:06:25,490 --> 01:06:22,140

top of the stairs and oh yeah that's

1621

01:06:27,049 --> 01:06:25,500

nutty now is this oh go ahead sorry no

1622

01:06:28,309 --> 01:06:27,059

but you have safety measures in place

1623

01:06:32,210 --> 01:06:28,319

obvious yeah you don't want to be crazy

1624

01:06:35,750 --> 01:06:32,220

right right now is this before you had

1625

01:06:38,270 --> 01:06:35,760

this situation happen had you looked

1626

01:06:41,450 --> 01:06:38,280

into this stuff or heard about it or

1627

01:06:43,609 --> 01:06:41,460

read about it uh how did you know that

1628

01:06:46,609 --> 01:06:43,619

you're going to be able to fix yourself

1629

01:06:47,329 --> 01:06:46,619

basically well

1630

01:06:49,190 --> 01:06:47,339

um

1631

01:06:50,930 --> 01:06:49,200

there was a three and a half hour time

1632

01:06:53,150 --> 01:06:50,940

period that my heart was stopped and in

1633

01:06:54,470 --> 01:06:53,160

that three and a half hours

1634

01:06:57,289 --> 01:06:54,480

um I was

1635

01:07:00,049 --> 01:06:57,299

ripped out of my body a science guy here

1636

01:07:01,670 --> 01:07:00,059

okay and taken to New Mexico by Native

1637

01:07:04,789 --> 01:07:01,680

Americans okay my mother was Native

1638

01:07:07,130 --> 01:07:04,799

American and Irish and

1639

01:07:08,510 --> 01:07:07,140

um they said they were ancestors so I

1640

01:07:10,010 --> 01:07:08,520

was like okay whatever

1641

01:07:11,750 --> 01:07:10,020

and it was a three and a half hour

1642

01:07:14,690 --> 01:07:11,760

journey I remember every second of it to

1643

01:07:17,450 --> 01:07:14,700

this day okay and the bottom behind it

1644

01:07:20,049 --> 01:07:17,460

you have like a sort of like an outer

1645

01:07:23,930 --> 01:07:20,059

body type

1646

01:07:25,970 --> 01:07:23,940

that's how it was portrayed yes and

1647

01:07:29,809 --> 01:07:25,980

um basically

1648

01:07:33,230 --> 01:07:29,819

um I ended up going to um whoops sorry

1649

01:07:33,950 --> 01:07:33,240

I'm sorry I'm still here

1650

01:07:36,589 --> 01:07:33,960

um

1651

01:07:39,710 --> 01:07:36,599

they took me to New Mexico and in in

1652

01:07:40,910 --> 01:07:39,720

this in this situation I ended up in the

1653

01:07:44,329 --> 01:07:40,920

Mexican desert and it was a beautiful

1654

01:07:46,010 --> 01:07:44,339

sunset which gradually I'm in the

1655

01:07:47,690 --> 01:07:46,020

interest of time I am literally cutting

1656

01:07:50,329 --> 01:07:47,700

it down to nothing

1657

01:07:51,470 --> 01:07:50,339

um it ended up becoming a dreary dismal

1658

01:07:53,510 --> 01:07:51,480

Gray

1659

01:07:55,730 --> 01:07:53,520

seen because something black and

1660

01:07:58,190 --> 01:07:55,740

amorphous was covering the Sun

1661

01:07:59,930 --> 01:07:58,200

and they were very frantic it was a male

1662

01:08:01,430 --> 01:07:59,940

and female the kid is the only one they

1663

01:08:04,069 --> 01:08:01,440

saw in the west face I could see it now

1664

01:08:06,890 --> 01:08:04,079

I could draw them okay and the female

1665

01:08:09,349 --> 01:08:06,900

was out of shot she was always over here

1666

01:08:11,329 --> 01:08:09,359

all right she never came in enough to

1667

01:08:13,549 --> 01:08:11,339

see she was always over here and I

1668

01:08:17,209 --> 01:08:13,559

couldn't move to look at her I had I was

1669

01:08:21,890 --> 01:08:17,219

only facing straight ahead okay and so

1670

01:08:22,870 --> 01:08:21,900

uh again it's just the way it was and so

1671

01:08:26,269 --> 01:08:22,880

then

1672

01:08:29,930 --> 01:08:26,279

uh she said something in Navajo

1673

01:08:32,870 --> 01:08:29,940

and I knew it was Navajo somehow and the

1674

01:08:35,050 --> 01:08:32,880

kids said okay I agree with that and he

1675

01:08:38,209 --> 01:08:35,060

put a gun in my lap

1676

01:08:40,550 --> 01:08:38,219

uh a big handgun it was a big stainless

1677

01:08:42,289 --> 01:08:40,560

steel silver handgun and I'm sitting

1678

01:08:43,070 --> 01:08:42,299

there going how am I supposed to do with

1679

01:08:45,289 --> 01:08:43,080

that

1680

01:08:47,390 --> 01:08:45,299

he goes you're gonna use it I said very

1681

01:08:49,249 --> 01:08:47,400

funny I can't even move how the hell am

1682

01:08:51,530 --> 01:08:49,259

I supposed to use that you piece of beef

1683

01:08:53,809 --> 01:08:51,540

no I was swearing these kids I was just

1684

01:08:54,769 --> 01:08:53,819

really really terrible to him I can tell

1685

01:08:58,430 --> 01:08:54,779

you right now

1686

01:09:01,070 --> 01:08:58,440

and he says and she says something uh in

1687

01:09:05,269 --> 01:09:01,080

Navajo and he says yeah I agree what

1688

01:09:09,530 --> 01:09:07,189

she goes you're he says you're thick

1689

01:09:11,570 --> 01:09:09,540

this is symbology okay the gun is a

1690

01:09:13,849 --> 01:09:11,580

symbol all right you don't actually have

1691

01:09:16,070 --> 01:09:13,859

to use it you're gonna use it but you're

1692

01:09:17,510 --> 01:09:16,080

you're gonna use it okay our way or

1693

01:09:19,970 --> 01:09:17,520

whatever that means

1694

01:09:21,410 --> 01:09:19,980

uh and then that black amorphous thing

1695

01:09:23,150 --> 01:09:21,420

now was getting bigger and bigger and

1696

01:09:26,329 --> 01:09:23,160

covering the sun even more

1697

01:09:28,430 --> 01:09:26,339

and she said something like okay now to

1698

01:09:29,150 --> 01:09:28,440

him and he says okay she says shoot it

1699

01:09:31,490 --> 01:09:29,160

now

1700

01:09:34,729 --> 01:09:31,500

how am I supposed to do that it again

1701

01:09:36,349 --> 01:09:34,739

just imagine that you're holding it and

1702

01:09:37,910 --> 01:09:36,359

use your eyes I know you can't look at

1703

01:09:39,829 --> 01:09:37,920

the sun look at you with the eyes it was

1704

01:09:42,110 --> 01:09:39,839

right the extreme left of my vision

1705

01:09:43,970 --> 01:09:42,120

and and imagine you're shooting it and I

1706

01:09:47,150 --> 01:09:43,980

went Jesus I feel like such an idiot

1707

01:09:50,570 --> 01:09:47,160

okay bang bang and two things fell off

1708

01:09:53,150 --> 01:09:50,580

of it what two black things came away I

1709

01:09:55,010 --> 01:09:53,160

went what the heck happened there and I

1710

01:09:56,450 --> 01:09:55,020

went and basically they were frantic

1711

01:09:59,330 --> 01:09:56,460

they said it's coming all the way until

1712

01:10:01,070 --> 01:09:59,340

we got to that spot in the desert okay

1713

01:10:03,470 --> 01:10:01,080

they said it's coming we got to do this

1714

01:10:05,510 --> 01:10:03,480

right now and then she said shoot now

1715

01:10:07,189 --> 01:10:05,520

shoot now so I went bang bang bang bang

1716

01:10:08,810 --> 01:10:07,199

and I kept doing that and more stuff

1717

01:10:10,790 --> 01:10:08,820

keep falling away

1718

01:10:13,430 --> 01:10:10,800

and now I'm intrigued

1719

01:10:15,290 --> 01:10:13,440

okay because now I'm seeing something

1720

01:10:18,229 --> 01:10:15,300

that's responding a physical thing

1721

01:10:20,209 --> 01:10:18,239

responding to my words that shouldn't

1722

01:10:22,070 --> 01:10:20,219

possibly be able to happen

1723

01:10:24,110 --> 01:10:22,080

so I'm intrigued by this so I keep

1724

01:10:26,630 --> 01:10:24,120

saying bang bang bang bang and it

1725

01:10:28,669 --> 01:10:26,640

just Falls away until finally the sun is

1726

01:10:31,130 --> 01:10:28,679

out again and the black thing is gone

1727

01:10:33,050 --> 01:10:31,140

and the new Mexican sunset is beautiful

1728

01:10:35,990 --> 01:10:33,060

the red clouds illuminated on the

1729

01:10:38,330 --> 01:10:36,000

horizon it was stunning and this is the

1730

01:10:40,430 --> 01:10:38,340

the kid comes over now it's the first

1731

01:10:43,070 --> 01:10:40,440

time I saw that he had teeth

1732

01:10:45,410 --> 01:10:43,080

okay big grinned with teeth that were

1733

01:10:46,729 --> 01:10:45,420

like too big for his face it seemed he

1734

01:10:47,810 --> 01:10:46,739

puts his arm around me says you are

1735

01:10:50,390 --> 01:10:47,820

going to be all right you know that

1736

01:10:51,350 --> 01:10:50,400

don't you and I went yeah okay I guess I

1737

01:10:52,850 --> 01:10:51,360

do

1738

01:10:54,530 --> 01:10:52,860

all right and then they started walking

1739

01:10:56,149 --> 01:10:54,540

away leaving me in the desert and they

1740

01:10:58,010 --> 01:10:56,159

go hey what the hell are you doing I'm

1741

01:11:00,169 --> 01:10:58,020

supposed to be in surgery aren't you

1742

01:11:02,209 --> 01:11:00,179

gonna take me back and again she says

1743

01:11:03,709 --> 01:11:02,219

something in Navajo again and the kid

1744

01:11:05,930 --> 01:11:03,719

laughs this time because he didn't laugh

1745

01:11:07,970 --> 01:11:05,940

before and he looks at me and he goes

1746

01:11:09,709 --> 01:11:07,980

you really are thick aren't you he goes

1747

01:11:11,030 --> 01:11:09,719

you never left

1748

01:11:12,649 --> 01:11:11,040

what

1749

01:11:15,649 --> 01:11:12,659

boom

1750

01:11:17,510 --> 01:11:15,659

back in the hospital in the coma now and

1751

01:11:19,490 --> 01:11:17,520

I knew at that point that I was going to

1752

01:11:22,850 --> 01:11:19,500

be fine I just had to work out the

1753

01:11:24,530 --> 01:11:22,860

mechanism now the doctor came in he said

1754

01:11:26,209 --> 01:11:24,540

to me you know he this is what he said

1755

01:11:29,510 --> 01:11:26,219

he goes

1756

01:11:31,430 --> 01:11:29,520

you know we we did the surgery and you

1757

01:11:33,350 --> 01:11:31,440

didn't wake up because I told him he

1758

01:11:35,270 --> 01:11:33,360

promised to be straight with me remember

1759

01:11:37,070 --> 01:11:35,280

okay we agreed you would tell me

1760

01:11:38,990 --> 01:11:37,080

everything he says we did the surgery

1761

01:11:41,209 --> 01:11:39,000

you didn't wake up it's good that you

1762

01:11:42,950 --> 01:11:41,219

woke up now can you understand me you

1763

01:11:45,830 --> 01:11:42,960

know blink once we asked twice went on I

1764

01:11:48,950 --> 01:11:45,840

blinked once okay he says you in any

1765

01:11:51,830 --> 01:11:48,960

pain and I blinked SOS dot dot dot dash

1766

01:11:53,750 --> 01:11:51,840

dash dash and he left he got it oh he

1767

01:11:55,130 --> 01:11:53,760

blinked SOS and everybody I heard all

1768

01:11:58,130 --> 01:11:55,140

this laughing it's like what the hell is

1769

01:11:59,510 --> 01:11:58,140

that for because it was a cognitive clue

1770

01:12:01,850 --> 01:11:59,520

I didn't realize they were looking for

1771

01:12:04,850 --> 01:12:01,860

that okay and cognitively I'm still

1772

01:12:06,950 --> 01:12:04,860

there so um he says okay here's what

1773

01:12:10,430 --> 01:12:06,960

happened we did the surgery but there

1774

01:12:13,010 --> 01:12:10,440

was a clot uh in the pulmonary uh area

1775

01:12:15,169 --> 01:12:13,020

it got loose from us

1776

01:12:19,310 --> 01:12:15,179

um and it went to the brain

1777

01:12:21,830 --> 01:12:19,320

he says so uh you you have to understand

1778

01:12:24,290 --> 01:12:21,840

that the only reason you're here is

1779

01:12:26,030 --> 01:12:24,300

because you know and call it a blessing

1780

01:12:27,229 --> 01:12:26,040

call it a curse

1781

01:12:28,850 --> 01:12:27,239

um the only reason you hear is because

1782

01:12:31,130 --> 01:12:28,860

for some reason when it got to the brain

1783

01:12:35,390 --> 01:12:31,140

it blew up into a million pieces

1784

01:12:36,890 --> 01:12:35,400

and that saved your life hmm wow that

1785

01:12:38,630 --> 01:12:36,900

was me I didn't know what that was

1786

01:12:42,890 --> 01:12:38,640

shooting you're shooting them with the

1787

01:12:44,689 --> 01:12:42,900

gun I was shooting the clot that's well

1788

01:12:45,590 --> 01:12:44,699

you know that's kind of what you would

1789

01:12:48,169 --> 01:12:45,600

think through right that's what you

1790

01:12:50,030 --> 01:12:48,179

think about it and so it was like holy

1791

01:12:52,010 --> 01:12:50,040

cow and of course I had a trick at that

1792

01:12:54,050 --> 01:12:52,020

point all here was

1793

01:12:56,689 --> 01:12:54,060

he couldn't hear me saying I know what

1794

01:12:59,330 --> 01:12:56,699

that is I know what that is

1795

01:13:02,870 --> 01:12:59,340

so so yeah so that's pretty interesting

1796

01:13:04,550 --> 01:13:02,880

you know uh how that occurred and yeah

1797

01:13:07,310 --> 01:13:04,560

and so then

1798

01:13:10,310 --> 01:13:07,320

um I uh I got another Rehab Hospital

1799

01:13:12,770 --> 01:13:10,320

like I said uh just two and a half weeks

1800

01:13:14,330 --> 01:13:12,780

later and when I was did you have to do

1801
01:13:17,209 --> 01:13:14,340
the same thing with talking pardon me

1802
01:13:19,250 --> 01:13:17,219
for interrupt oh yeah yeah I I didn't I

1803
01:13:21,070 --> 01:13:19,260
couldn't talk and

1804
01:13:24,229 --> 01:13:21,080
um I had to learn how to talk again too

1805
01:13:25,910 --> 01:13:24,239
and uh I started saying vocabulary words

1806
01:13:28,550 --> 01:13:25,920
to the point where the guy in the room

1807
01:13:30,890 --> 01:13:28,560
with me said that I wouldn't shut up I

1808
01:13:31,729 --> 01:13:30,900
kept talking and saying gibberish he

1809
01:13:35,149 --> 01:13:31,739
said

1810
01:13:36,290 --> 01:13:35,159
and I was it was gibberish to me I was

1811
01:13:38,930 --> 01:13:36,300
trying to say

1812
01:13:43,870 --> 01:13:38,940
there's a brown fox jumping over the

1813
01:13:49,070 --> 01:13:46,850

okay so that's not working so I had to I

1814

01:13:50,510 --> 01:13:49,080

had to work it out you know so I asked

1815

01:13:52,370 --> 01:13:50,520

the nurse for a mirror now remember I

1816

01:13:55,490 --> 01:13:52,380

got my eyes a little bit back I got my

1817

01:13:56,930 --> 01:13:55,500

my hands and my legs a little bit so now

1818

01:13:59,870 --> 01:13:56,940

I have a mirror in front of me and I'm

1819

01:14:02,630 --> 01:13:59,880

watching my face and I'm watching what I

1820

01:14:05,330 --> 01:14:02,640

say and I'm watching me say the brown

1821

01:14:06,490 --> 01:14:05,340

fox okay the blue what's that what's

1822

01:14:09,950 --> 01:14:06,500

that no

1823

01:14:11,630 --> 01:14:09,960

brown brown and I would squeeze my

1824

01:14:14,770 --> 01:14:11,640

cheeks as best I could it's sort of

1825

01:14:19,090 --> 01:14:14,780

awkward and I said the brown

1826

01:14:24,350 --> 01:14:21,350

and I would just say words over and over

1827

01:14:27,290 --> 01:14:24,360

and my brain was going I remember that

1828

01:14:29,390 --> 01:14:27,300

okay I remember that and then boom I

1829

01:14:32,030 --> 01:14:29,400

never had to work on it again Brown I

1830

01:14:35,090 --> 01:14:32,040

had Brown okay and I went through a lot

1831

01:14:37,370 --> 01:14:35,100

of vocabulary words and they helped me

1832

01:14:40,970 --> 01:14:37,380

with other words I didn't even say you

1833

01:14:45,290 --> 01:14:40,980

know they it the crossover was amazing

1834

01:14:47,570 --> 01:14:45,300

um and then I uh I ended up

1835

01:14:49,729 --> 01:14:47,580

well let's see the the last word I

1836

01:14:51,370 --> 01:14:49,739

worked on was believe it or not the word

1837

01:14:54,590 --> 01:14:51,380

words

1838

01:14:57,370 --> 01:14:54,600

w-o-r-d-s I couldn't say it it was

1839

01:15:01,510 --> 01:14:57,380

coming out with with

1840

01:15:05,689 --> 01:15:01,520

so I watched my face with three

1841

01:15:09,050 --> 01:15:05,699

were words Brown words I was just doing

1842

01:15:12,709 --> 01:15:09,060

that kind of silly stuff and I went okay

1843

01:15:14,630 --> 01:15:12,719

uh words oh I was saying it was like a

1844

01:15:16,010 --> 01:15:14,640

bing and then from that point forward my

1845

01:15:17,810 --> 01:15:16,020

brain said words

1846

01:15:20,990 --> 01:15:17,820

you know it's like you just had to

1847

01:15:23,270 --> 01:15:21,000

remember it once and then it got it so

1848

01:15:26,990 --> 01:15:23,280

that's that's how the brain actually

1849

01:15:29,870 --> 01:15:27,000

works and um I've had several people

1850

01:15:32,450 --> 01:15:29,880

tell me that this has helped them as I

1851

01:15:34,970 --> 01:15:32,460

did and so it's

1852

01:15:37,310 --> 01:15:34,980

um it's amazing so two and a half weeks

1853

01:15:38,689 --> 01:15:37,320

after I got to the rehab hospital

1854

01:15:40,250 --> 01:15:38,699

there was no eight to ten weeks there

1855

01:15:42,110 --> 01:15:40,260

was no one to two years

1856

01:15:43,550 --> 01:15:42,120

it was only three months later in

1857

01:15:45,590 --> 01:15:43,560

September that I was in Irvine

1858

01:15:47,510 --> 01:15:45,600

California through there myself

1859

01:15:49,430 --> 01:15:47,520

walking through the hotel and I did my

1860

01:15:52,729 --> 01:15:49,440

talk I just had to have a lot of water

1861

01:15:55,189 --> 01:15:52,739

available that's all amazing yeah I mean

1862

01:15:57,950 --> 01:15:55,199

it's it's but see again it's it's

1863

01:16:00,530 --> 01:15:57,960

something we all can do it's not just me

1864

01:16:03,470 --> 01:16:00,540

it's not Mark the Antonio this is humans

1865

01:16:05,630 --> 01:16:03,480

we can all do this our brain can do it

1866

01:16:09,590 --> 01:16:05,640

wow under certain circumstances right

1867

01:16:12,530 --> 01:16:09,600

yeah yeah well I think uh I think this

1868

01:16:15,290 --> 01:16:12,540

has been a great evening that is a

1869

01:16:19,810 --> 01:16:15,300

fantastic story and uh thank you so much

1870

01:16:23,090 --> 01:16:19,820

for sharing that with all of us yes

1871

01:16:25,490 --> 01:16:23,100

you're still here what do I have to turn

1872

01:16:27,649 --> 01:16:25,500

this way right yeah yeah I'm really

1873

01:16:31,070 --> 01:16:27,659

happy we're still here yeah

1874

01:16:33,169 --> 01:16:31,080

yeah thank you no I I am too I I feel

1875

01:16:36,709 --> 01:16:33,179

like the new lease on life as they say

1876

01:16:39,350 --> 01:16:36,719

and uh you know modern medicine is quite

1877

01:16:41,450 --> 01:16:39,360

something and you know what I bet you

1878

01:16:43,550 --> 01:16:41,460

you might be like this too

1879

01:16:44,209 --> 01:16:43,560

um maybe not I'm not sure

1880

01:16:45,890 --> 01:16:44,219

um

1881

01:16:48,590 --> 01:16:45,900

for me they wouldn't let me have any

1882

01:16:50,810 --> 01:16:48,600

water and or any ice chips not even an

1883

01:16:52,490 --> 01:16:50,820

ice chips I wanted an ice cream I wanted

1884

01:16:53,689 --> 01:16:52,500

just an ice chip

1885

01:16:55,550 --> 01:16:53,699

and they wouldn't let me have it because

1886

01:16:58,090 --> 01:16:55,560

of a choking hazard because a trach and

1887

01:17:00,770 --> 01:16:58,100

oh yeah yeah

1888

01:17:04,430 --> 01:17:00,780

so when I got my first ice chip it was

1889

01:17:06,530 --> 01:17:04,440

like heaven sure a little tiny sponge on

1890

01:17:09,250 --> 01:17:06,540

a plastic stick the water's tasted like

1891

01:17:13,189 --> 01:17:09,260

a plastic but it was okay

1892

01:17:16,910 --> 01:17:13,199

water yeah and when I had my first glass

1893

01:17:19,990 --> 01:17:16,920

of ice water I savored a silly glass of

1894

01:17:22,189 --> 01:17:20,000

ice water I looked at the ice cubes

1895

01:17:23,990 --> 01:17:22,199

wow and then shake it people look at me

1896

01:17:25,610 --> 01:17:24,000

like that guy's on something I want what

1897

01:17:28,370 --> 01:17:25,620

he's got you know

1898

01:17:30,290 --> 01:17:28,380

I want what he's on yeah yeah right but

1899

01:17:33,910 --> 01:17:30,300

it wasn't that way at all was it it's

1900

01:17:36,470 --> 01:17:33,920

just a matter of the fact that we just

1901

01:17:37,550 --> 01:17:36,480

learned to appreciate some things better

1902

01:17:39,169 --> 01:17:37,560

than others because they were always

1903

01:17:40,250 --> 01:17:39,179

there we took them for granted yeah

1904

01:17:45,530 --> 01:17:40,260

that's right

1905

01:17:46,970 --> 01:17:45,540

this experience you learn not to take I

1906

01:17:49,070 --> 01:17:46,980

mean I feel

1907

01:17:52,010 --> 01:17:49,080

there's some part of every day so far

1908

01:17:54,229 --> 01:17:52,020

that I've felt really grateful because I

1909

01:17:55,550 --> 01:17:54,239

know that I could so easily not be here

1910

01:17:57,950 --> 01:17:55,560

so

1911

01:18:00,649 --> 01:17:57,960

yeah and I have way too much to do

1912

01:18:03,590 --> 01:18:00,659

not too much to do Dirk in the chat says

1913

01:18:05,390 --> 01:18:03,600

glad you're both here thank you Dirk I I

1914

01:18:08,590 --> 01:18:05,400

certainly uh agree with you I'm glad

1915

01:18:11,270 --> 01:18:08,600

that Martin's here with us

1916

01:18:12,350 --> 01:18:11,280

the man all right Mark well you take

1917

01:18:13,729 --> 01:18:12,360

care

1918

01:18:15,709 --> 01:18:13,739

all right well it's great to see you

1919

01:18:18,830 --> 01:18:15,719

thanks for uh doing this show it was

1920

01:18:20,149 --> 01:18:18,840

really cool it was fun I'm glad that I

1921

01:18:22,130 --> 01:18:20,159

think it was you that brought it up why

1922

01:18:23,810 --> 01:18:22,140

don't we do a show about this it might

1923

01:18:25,550 --> 01:18:23,820

have been I think it was I did it was a

1924

01:18:27,890 --> 01:18:25,560

couple months ago I think yeah that's

1925

01:18:31,370 --> 01:18:27,900

right right after all right everyone so

1926

01:18:33,950 --> 01:18:31,380

thank you so much for uh watching and uh

1927

01:18:36,290 --> 01:18:33,960

and I'll be back with another uh

1928

01:18:38,810 --> 01:18:36,300

everything else show when I think of a

1929

01:18:40,610 --> 01:18:38,820

topic I want to talk about and

1930

01:18:42,310 --> 01:18:40,620

uh Mark you're going right into your

1931

01:18:44,990 --> 01:18:42,320

live stream why don't you put that

1932

01:18:47,209 --> 01:18:45,000

website uh Channel out there the YouTube

1933

01:18:50,630 --> 01:18:47,219

channel out there so people can yeah I

1934

01:18:52,610 --> 01:18:50,640

wish I could but it's just not um I I

1935

01:18:55,070 --> 01:18:52,620

I'd have to log in and if I log in and

1936

01:18:58,610 --> 01:18:55,080

talk yeah and we're gone yeah yeah all

1937

01:19:01,610 --> 01:18:58,620

right uh I can I can actually just uh I

1938

01:19:04,070 --> 01:19:01,620

show real quick you know

1939

01:19:04,910 --> 01:19:04,080

um if you rather I mean I'll just show

1940

01:19:06,530 --> 01:19:04,920

um

1941

01:19:08,030 --> 01:19:06,540

give me a second here you do a

1942

01:19:10,430 --> 01:19:08,040

screenshot

1943

01:19:12,410 --> 01:19:10,440

I might be able to do let's see is it

1944

01:19:14,270 --> 01:19:12,420

this one yeah there we go

1945

01:19:17,270 --> 01:19:14,280

all right hold on so right now I have

1946

01:19:18,770 --> 01:19:17,280

the telescope is open okay and if you

1947

01:19:20,270 --> 01:19:18,780

could bring that up yeah well this is

1948

01:19:22,010 --> 01:19:20,280

yeah this is our live view right now

1949

01:19:24,649 --> 01:19:22,020

that we're looking at this is a live

1950

01:19:27,530 --> 01:19:24,659

view live view yeah this is a planetary

1951

01:19:31,189 --> 01:19:27,540

nebula Helix nebula it's called

1952

01:19:33,350 --> 01:19:31,199

um it's uh this is really cool yeah this

1953

01:19:34,430 --> 01:19:33,360

is an exposure I just uh it's still

1954

01:19:37,790 --> 01:19:34,440

underway

1955

01:19:40,250 --> 01:19:37,800

uh so far it's been going for uh

1956

01:19:41,510 --> 01:19:40,260

basically 45 minutes the whole time we

1957

01:19:43,310 --> 01:19:41,520

were on I just figured I'd go to an

1958

01:19:45,910 --> 01:19:43,320

object and check it out the full Moon's

1959

01:19:48,770 --> 01:19:45,920

out so it's a little bit um

1960

01:19:51,229 --> 01:19:48,780

yeah yeah but as you can see we have

1961

01:19:52,310 --> 01:19:51,239

filters to help us with that we got all

1962

01:19:55,070 --> 01:19:52,320

kinds of satellites that are going

1963

01:19:56,990 --> 01:19:55,080

through lots of star links right but you

1964

01:19:58,250 --> 01:19:57,000

know what this is really cool this is uh

1965

01:20:00,350 --> 01:19:58,260

what we're doing but tonight we're going

1966

01:20:02,450 --> 01:20:00,360

to be looking at the moon uh because

1967

01:20:05,330 --> 01:20:02,460

it's going to occult or go in front of

1968

01:20:07,130 --> 01:20:05,340

the planet Mars and uh we're gonna have

1969

01:20:09,830 --> 01:20:07,140

some fun with that and that starts in

1970

01:20:11,930 --> 01:20:09,840

just uh 10 minutes oh here all right

1971

01:20:13,430 --> 01:20:11,940

Mark no problem I'm already up see I'm

1972

01:20:15,530 --> 01:20:13,440

up and running we're good thanks all

1973

01:20:17,510 --> 01:20:15,540

right all right you take care thanks so

1974

01:20:19,550 --> 01:20:17,520

much all right Martin thank you so much